VANCOUVER metro®
NEWS WORTH SHARING.
Thursday, March 19, 2015

TOMORROW'S JACKPOT IS

$50 MILLION ESTIMATED

+

2 EST. x $1 MILLION MAXMILLIONS™

Lotto MAX

BUY YOUR TICKET AT PLAYNOW.COM

bclc

Know your limit, play within it. GameSense

19+

BUY Lotto MAX AT PLAYNOW.COM

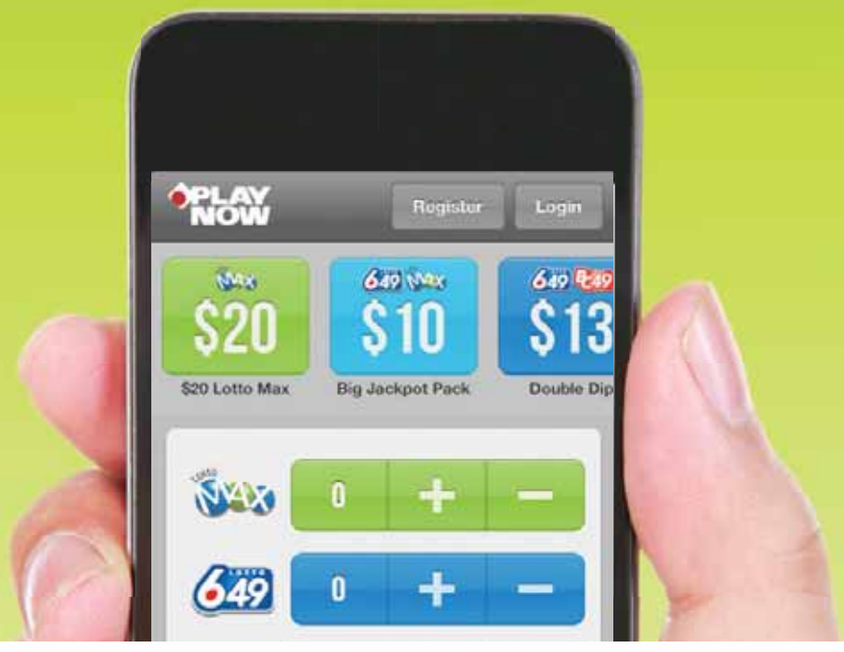
BUY YOUR LOTTO TICKET FROM YOUR SMARTPHONE OR TABLET

SIGN UP AND PLAY AND GET A $10 LOTTERY TOKEN

Enter Code: METRO10

Go to PlayNow.com for offer details and conditions. Offer valid on first deposits only with promo code until September 1, 2015.

Redeem this offer at PlayNow.com



bclc

Know your limit, play within it. GameSense

19+

SEE WHAT'S NEW... CHECK OUT OUR LATEST OFFER ON PAGE 17 SHOPPERS DRUG MART

VANCOUVER metro®

NEWS WORTH SHARING.

THE RUNWAY RUNDOWN

Vancouver Fashion Week heating up. Page 10

PREPARE FOR THE PORCH PARADE

This summer, Vancouverites will be able to kick back on a porch in the middle of the city. The block of Robson Street in front of the Vancouver Art Gallery will be transformed into a series of colourful porches dubbed "Porch Parade," the winning design in a contest to turn the street into a public gathering space from Canada Day to Labour Day. The porches will be donated to Habitat for Humanity at the end of the summer. For the full story, visit metronews.ca. CONTRIBUTED

'Sextortion' a growing worry

Crime. RCMP warning the public after series of incidents involving men being targeted online in private chats

MATT KIELTYKA
matt.kieltyka@metronews.ca

Mounties have issued a public warning after three recent cases of "sextortion" targeting men in Richmond.

All three incidents reported to Richmond RCMP involved men meeting people online through companionship or dating websites.

RCMP spokesman A/Cpl. Dennis Hwang said the men were asked to perform intimate acts during video chats, which were then recorded without their knowledge by a person who then threatened to post the video publicly if the victims don't pay up.

"We issued the warning because the three reported cases have come in very quick succession," said Hwang.

"I know the schools are doing a good job of educating our youth about (the risks of online interactions), but that applies to adults too," he said. "It's a new age. That's been said before, but there could be people out there trying to take advantage of people's need for companionship and loneliness."

RCMP urge people to exercise caution when embarking on intimate relationships with people online and be aware criminals have ways of getting around security and privacy safeguards.

Hwang said people should be especially suspicious if, after developing a relationship over days or weeks, the other party continues to refuse to meet in person or only chats at odd hours.

RCMP say victims of these types of crime should report it to police, seek someone to talk to and realize that they're not alone.

There were 13 reported cases of "sextortion" in Richmond last year, up from five in 2013.

5 CENTS
CANADA
2017
COIN YOUR STORY
Enter the My Canada, My Inspiration Contest
and submit your design at mint.ca/Canada150.
No purchase necessary. Contest open to all Canadian residents. Complete rules and regulations at mint.ca/Canada150. ©2015 Royal Canadian Mint–All rights reserved.
150 COLLECTION CANADA
ROYAL CANADIAN MINT MONNAIE ROYALE CANADIENNE

20% OFF YOUR ENTIRE KIDS PURCHASE!

***Coupon valid March 19 - April 6, 2015.**
One coupon per customer. Coupon is valid on all kids regular-priced merchandise, as well as on "Top + Bottom" deal. Coupon must be surrendered at time of purchase or shown on mobile device. Excludes H&M employees. Coupon not valid on previous purchases, for H&M gift cards or in conjunction with any other offer (including 3 FOR 2 Mix & Match offer on organic cotton basics). Coupon valid in H&M stores in Canada only.

H&M

GET READY FOR SPRING
20% OFF YOUR ENTIRE KIDS PURCHASE!

From Thursday, March 19 – Monday, April 6, bring this ad to a store near you or download the coupon from www.hm.com to get 20% off your entire kids purchase.*

Get a bird's-eye view of great blue herons in Stanley Park

Online. Park board places camera atop apartment building to live-stream the birds

EMILY JACKSON
emily.jackson@metronews.ca

From the comfort of their own homes, nature lovers can now spy on one of North America's largest urban heron colonies as they mate, build nests, lay eggs and raise chicks in Stanley Park this spring.

The Vancouver park board put a camera atop an apartment building to live-stream the rituals of about 200 Pacific great blue herons that live in a cluster of trees by the board's headquarters on the edge of the park at 2099 Beach Ave.

"You're going to have a bird's-eye view of nature in action," board chairman John Coupar said at a press conference on Wednesday.

The sassy herons didn't waste any time putting on a show for the media in what was perhaps the city's first live broadcast sex tape.

Viewers can take turns controlling the camera angle at vancouver.ca/heroncam for a minute at a time. The $25,000 project is meant to engage the public, educate youth and attract tourists to the park, Coupar said.

"Anytime you engage people in nature, they're more protective of it," he said.

The herons are designated on the Species at Risk Act as a species of special concern. There are only about 4,000 such birds in Canada, with 3,000 residing around the Salish Sea, explained Robyn Worcester, a biologist with the Stanley Park Ecology Society. The largest colony is near Tsawwassen.

The herons have been documented in Stanley Park since the 1920s and in their current home, a cluster of tall bigleaf maple and birch trees, since 2001, Worcester said. There are about 90 active nests, with about two eggs expected per nest. The chicks could hatch as early as Easter.

A male heron brings a stick to a female heron in a nest near the Vancouver park board headquarters in Stanley Park on Wednesday. If the female likes the stick, she'll weave it into her nest. If she doesn't, the male will search for a new one until she's satisfied. EMILY JACKSON/METRO

"We anticipate learning quite a lot," Worcester said.

On top of the mating action in the next few weeks, viewers will likely see eagle attacks. The biggest threat to the colony is an eagle nest about 200 metres north, Worcester said.

Car-sharing company dabbles in art

Car2go wrapped seven of its Vancouver vehicles in artwork.
PATRICK PRADE/CONTRIBUTED

Car sharing will become a little more artsy for lucky drivers over the next few weeks.

Car2go wrapped seven of its vehicles with artwork by seven Emily Carr University students to celebrate the TED2015 conference taking place in Vancouver this week.

"It's kind of like a mobile art exhibit," said car2go spokeswoman Dacyl Armendariz. "We did want to celebrate the vibrant artist community."

Six of the artsy cars were incorporated into the fleet of 750 on Monday, with the remaining vehicle on display at the Vancouver Convention Centre until TED wraps up at the end of the week. Any of the city's 84,000 car2go members can drive the vehicles.

The designs were chosen after a week-long contest in February. Forty entries were submitted to the open call for art under the conference theme "Truth or Dare."

The seven winners, selected by a panel from TED, car2go and the university, received a $500 prize and a day-pass to the conference.

Their artwork will remain on the cars until April 6, when the smart fortwos will become blank slates once more.

The artists are Anita Vu, Andrew Tavukciyan, Christel Chan, Daniela Ivanova, Jane Q Cheng, Jenn Moore and Nomi Chi. EMILY JACKSON/METRO

LEARN ONLINE Guided online learning, instructor-led, in a highly supported environment

THERAPEUTIC RECREATION (GERONTOLOGY)

Older adults are the fastest growing age group in Canada, resulting in a growing employment need for professionals who can support and promote optimal health for this generation.

The field of therapeutic recreation, especially for older adults (gerontology), is not just limited to physical exercise but activities that promote healthy living. These activities include: arts & crafts, music, gardening, games, social events, outings and entertainment. The promotion of health in older adults encompasses physical, social, emotional, cultural, spiritual and mental well-being.

"I want people to know that they matter whatever their age, whatever they're going through …Their dreams and feelings are still valid. I want to help people to acknowledge that about themselves." – **Faith Malakoff,** Therapeutic Recreation

STENBERG COLLEGE 604-580-2772 · stenbergcollege.com

Beat o' the Irish ... and Indian

Concert. Zakir Hussain explores the unlikely connections between Celtic and Indian music

BACKSTAGE PASS
Graeme McRanor
vancouver@metronews.ca

Percussionist Zakir Hussain explores the connection between Indian sounds and Celtic music at UBC's Chan Centre for the Performing Arts, Saturday. CONTRIBUTED

Shamrocks, shenanigans and St. Patrick's Day pints are so two days ago, but you can still make some Celtic Connections if you make the pilgrimage out to UBC's Chan Centre this weekend.

There, you'll find Indian percussionist Zakir Hussain exploring the fascinating connection between the music of his native country and the music revered by Celtic nations.

"Celtic music has a beautiful spirituality to it that resonates very strongly with audiences," says Chan Centre co-managing director, Joyce Hinton, "and Hussain has an impressive ability to seamlessly blend together Indian sounds conveyed through the tabla's deep, methodical beats with many different styles.

"We last welcomed Hussain to our stage in 2012 and are thrilled to have him once again join us to demonstrate his fearless, innovative spirit that truly knows no bounds."

Hussain will be accompanied on stage by John Joe Kelly (bodhrán), Charlie McKerron (fiddle), Rakesh Chaurasia (bansuri), piper Fraser Fifield, Irish-based guitarist Tony Byrne, Scottish fiddler Patsy Reid, Indian violinist Ganesh Rajagopalan, and French flutist Jean-Michel Veillon.

Zakir Hussain's Celtic Connections is at the Chan Centre for the Performing Arts at UBC on Saturday (8 p.m.). Tickets from $36. More information at ChanCentre.com.

Obaaberima

If you're not familiar with the term, it's a derogatory African reference similar to "girly boy". In this instance, it's the title of a piece that combines theatre, spoken word, music and dance to chronicle "a young African-Canadian's journey across continents, genders, races and sexuality." Created and performed by Tawiah M'carthy, with live music by Kobena Aquaa-Harrison.

Check out Obaaberima at the Historic Theatre at the Cultch from March 24 to April 4. Tickets start at $19. Check out TheCultch.com for more information.

They're Bach

Okay, I've used that one before. Look, we can't all be famous composers, all right? The Vancouver Bach Choir presents Mendelssohn's Elijah, Saturday, March 28 (8 p.m.) at the Orpheum. The choir will be accompanied by the Vancouver Symphony Orchestra and four guest soloists: British-Canadian baritone Giles Tomkins, Victoria-born soprano Eve-Lyn de la Haye, Hungarian-Canadian mezzo soprano Krisztina Szabó, and Vancouver-born tenor Adam Fisher.

Tickets start at $40. Visit VancouverBachChoir.com for more info.

Education. Family of cuffed autistic boy wants answers

The family of a nine-year-old boy with autism who was handcuffed at school wants "full disclosure" of the records of their son's care.

Stephanie Huck and her husband have kept their son Daniel Ten Oever home since police handcuffed him last month to restrain him for acting out in the principal's office.

The family says it will not send the boy back to class until it sees all the facts — including the plans for his future care and staff training.

"He is autistic, so being out of his routine has caused great stress for him," Stephanie Huck told reporters on Parliament Hill on Wednesday. "The traumatic event of being handcuffed has also had a lasting impact on him and on his family as well."

Roch Longueépée, CEO of Restoring Dignity, the organization representing the family, said they have not ruled out a lawsuit against the Ottawa Catholic School Board. But that will depend on what's revealed in the records. They are starting a fund to raise money for the family's legal fees.

LUCY SCHOLEY/METRO IN OTTAWA

Mexico

Canadian man slain on beach

A Canadian man has been found beaten to death on a beach at the Mexican resort of Los Cabos.

Prosecutors in the state of Baja California Sur say the 50-year-old man appears to have been beaten with a blunt object. The state prosecutors' office said Wednesday that the cause of death was severe head trauma and a skull fracture.

Canada's Department of Foreign Affairs, Trade and Development declined to confirm the man's identity or hometown or confirm the circumstances of the death.

THE ASSOCIATED PRESS

Feds assess protests with a national 'risk forecast'

A woman protests on a national day of action against Bill C-51, the government's proposed anti-terrorism legislation, in Montreal on Saturday.

GRAHAM HUGHES/THE CANADIAN PRESS

Security. Meetings driven by feds' desire to plan for protests over environmental development projects

Use of social media, the spread of "citizen journalism" and the involvement of young people are among the key trends highlighted by a federal analysis of protest activity in Canada over the last half-decade.

A growing geographic reach and an apparent increase in protests that target infrastructure such as rail lines are also boosting the impact of demonstrations, says the Government Operations Centre analysis, obtained under the Access to Information Act.

The Canadian Security Intelligence Service included the spring 2014 risk forecast in materials prepared for two meetings of the deputy ministers' committee on resources and energy last April.

The meetings were driven by the federal government's desire to plan for protests that might happen in response to resource-development decisions on projects such as the Northern Gateway pipeline.

The newly released documents heighten fears about government anti-terrorism legislation that would allow much easier sharing of federally held information about people, said Josh Paterson, executive director of the British Columbia Civil Liberties Association.

The "notoriety and success" of civil-society efforts such as the Arab Spring, the aboriginal Idle No More movement, the Occupy protests and anti-pipeline demonstrations have inspired Canadian citizens to start grassroots initiatives and make their voices heard, the study notes. THE CANADIAN PRESS

ROYAL CANADIAN MINT
MONNAIE ROYALE CANADIENNE

CELEBRATE THE UPCOMING FIFA WOMEN'S WORLD CUP CANADA 2015™MC

Exchange $20 for a $20 fine silver FIFA Women's World Cup Canada 2015 coin at the **Royal Canadian Mint** Boutique at 752 Granville Street.

Make sure to visit us on March 20th between 11:30 a.m. and 1:30 p.m. for your chance to meet Rhian Wilkinson, from Team Canada's National Soccer team and get your FIFA coin certificates signed!

752 GRANVILLE STREET | VANCOUVER | 604-681-6772 | 1-800-267-1871 | MINT.CA

CANADA 2015 FIFA WOMEN'S WORLD CUP
OFFICIAL LICENSED PRODUCT
TM/MC

Products may differ from those shown and are not actual size unless specified. © 2015 Royal Canadian Mint. All Rights Reserved.

© The official emblem of the FIFA Women's World Cup Canada 2015™MC and the FIFA Women's World Cup Trophy are copyrights and trademarks of FIFA. All rights reserved. © L'emblème officiel de la Coupe du Monde Féminine de la FIFA Canada 2015™MC et le trophée de la Coupe du Monde Féminine de la FIFA sont des marques de commerce de la FIFA. Tous droits réservés. COINS ARE SOLD IN CANADA AND IN THE UNITED STATES ONLY.

OFFICIAL COMMEMORATIVE COIN(S) OF THE FIFA WOMEN'S WORLD CUP CANADA 2015™

NEW**DRONE**WORLD **Metro looks at how drone technology is changing the skies in Canada** / Wednesday— Droning becomes big business / Thursday— Officers aren't using drones to spy... yet / Friday— You can make friends with #droneselfies

Get caught up at metronews.ca

A police officer flies the Aeryon Scout in Halton, Ont. Halton police bought a drone in 2009, and since then, it has been used in about 50 missions. Inset: A drone's-eye view of the scene of an accident reconstruction. COURTESY AERYON LABS

'We don't just fly over homes at random'

Law enforcement. Worried about police using drones in Canada? Departments that use them say it's nothing to fret about

IRA LAMCJA
ira.lamcja@metronews.ca

Halton Regional Police in Ontario have used their drone to search for missing persons, probe collisions and investigate an armed robbery and homicide. In 2012, the Aeryon Scout, as their drone is named, helped officers find about $744,000 worth of marijuana that was growing on a farm.

Halton police first purchased a drone (or Unmanned Aerial Vehicle, as they are known in the industry) to use in their investigations in 2009, when it was still a relatively new technology in law enforcement. Since then, it has been used in 50 police missions, according to now-retired operation manager Det. Dave Banks.

"We don't just fly over homes at random," says Const. Andy Olesen. "Well, we can, and we don't."

Today, with many police forces in major cities in Canada using drones and the RCMP adding them to their arsenal of search-and-rescue tools, concerns have been growing over privacy and surveillance. Police are trying to calm the public's nerves.

Olesen says Halton police are very cautious about the use of its drone, given those concerns.

"We're very conscious of … what people's perception of it is, that it's a surveillance tool," he explains. "We don't want to make that any worse than it is."

Halton's Aeryon Scout is a black and white quadcopter remotely controlled with a tablet laptop using Google maps. It is relatively small and comes equipped with video and photo capabilities.

Olesen says Transport Canada regulations constrain where and how they can fly their UAV, and the drone itself offers physical limitations. It can only be flown in good weather, and its battery life leaves much to be desired, averaging about 15 to 20 minutes per charge.

"On the list of things we use it for, surveillance isn't even on our list, just because it's not practical," Olesen says.

"Down the road, (surveillance) might be possible," he says. "I think that'll happen."

Who patrols the patrollers? The Office of the Privacy Commissioner of Canada (OPC) has raised various concerns regarding drone use in law enforcement. Highlighted in a March 2013 report, the privacy watchdog has noted that "certain attributes can make (drones) a relatively covert form of surveillance."

Tobi Cohen, spokeswoman for the agency, tells Metro that current regulations do not address the sometimes wide gap that results from "issues related to purpose and the privacy implications of (drone) use."

"Current regulations governing drone operations have more to do with ensuring their safe flight and do little to address the privacy implications of having Canadian skies filled with hovering data-collecting robots," Cohen says.

When it comes to drones, people don't always know who is watching or what data they're collecting. This "can contribute to a lack of awareness and effective complaint mechanisms," Cohen says.

To that end, Cohen says, the OPC advises law enforcement to comply with their video-surveillance guidelines.

Among their recommendations, the OPC says law enforcement should use video surveillance in a way that minimizes invasion of privacy, hold public consultations and assess privacy impacts beforehand.

Drones beyond the law: Halifax lawyer David Fraser says the public shouldn't be worried as long as the proper regulatory framework is put in place.

It's a historical fact, Fraser says, that new technology will expand the collection of personal information, which can sometimes lead to what he calls a "techno-panic." He says privacy laws should be updated to reflect new behaviours that society finds unacceptable.

"You criminalize the behaviour and not the technology. Because it's really about the behaviour."

Fraser adds that drones do create a change in what's possible in terms of encroachment on privacy. For example, when living in a tall building, there is a higher expectation of privacy on higher floors. With drones, those heights will now be accessible to view.

"The question then becomes: does the introduction of drones change our expectations of privacy? Or should it?"

When drones are more intrusive on individual privacy, such as collecting information about individuals, "that's when it's worth having a good discussion about what our reasonable expectations are," Fraser says.

"That discussion should always be much more than, 'Oh, well, that's creepy,' because a discussion about what's creepy doesn't help."

Coast-to-coast roundup:

A look at some of the police departments using drones or considering them:

- **Toronto.** The Toronto Police Service does not deploy drones but has had demonstrations from a manufacturer.
- **Ottawa.** Although Ottawa police are not deploying drones right now, their Collisions Section is interested in their use for aerial surveys of large collisions or investigative scenes as well as for use in missing-persons searches.
- **Edmonton.** The Edmonton Police Service deploys a drone to take aerial photographs of accident scenes.
- **Vancouver.** The Vancouver Police Department does not use drones but is considering it for the future.
- **RCMP.** Various detachments nationwide have deployed drones for search-and-rescue missions as well as aerial photography of crash scenes.

Canadian Armed Forces

Canada has yet to use killer drones

While the United States continues to make headlines for their use of armed drones, Canada currently does not have them nor use them, according to a Department of National Defence spokesman. But that might change.

"We neither operate nor lease armed UAVs," says Daniel Blouin, but he adds armed drones "are being examined for future international operations."

"UAVs have unparalleled operating range and endurance," Blouin says. "If the pilot gets tired, you don't have to return to base and land; you can just swap a new one into the seat."

Blouin says the Canadian Armed Forces (CAF) have used unarmed drones in overseas operations since 2003, stressing that the CAF only uses drones in what is called an intelligence, surveillance and reconnaissance (ISR) capacity.

He adds the current model is limited in that it can't carry heavy loads, transport personnel or conduct air-to-air combat. Only one model is in active use by the CAF: the Scan Eagle.

Blouin says it is used by the Canadian Army and the Royal Canadian Navy frigates on international operations, most recently by HMCS Regina in an ISR capacity.

With $1,000 a week for 25 years,
you can afford to relax.

scratch & win

At time of purchase, some of the prizes offered may have already been claimed.
Please see BCLC.com for information about unclaimed prizes.

Israel. Netanyahu win leaves allies, foes on edge

Israeli Prime Minister Benjamin Netanyahu's strong showing in national elections this week has come with a price: He has managed to antagonize friends and foes alike with hard-line rhetoric on the campaign trail.

Trailing in opinion polls, Netanyahu took a sharp turn to the right in the final days of the campaign to shore up support among his core constituency.

He vowed to increase settlement construction in east Jerusalem, the Palestinians' would-be capital, and rejected the idea of a Palestinian state in current conditions.

In a last-ditch attempt to spur his supporters to the polls Tuesday, he warned that Arab citizens were voting "in droves" and endangering years of rule by his Likud Party.

In Washington, the Obama administration said Wednesday it was "deeply concerned" by the Likud's divisive language.

Netanyahu's controversial stance appears to have paid off at home. Thought to be in danger of being voted out of office just a few days ago, the Likud emerged as the largest party in parliament when near-final results trickled in Wednesday, leaving it in position to lead the next coalition government.

The Likud led the election by capturing 30 seats in the 120-member parliament, according to the results released Wednesday.

THE ASSOCIATED PRESS

Benjamin Netanyahu
DAN BALILTY/THE ASSOCIATED PRESS

Sweden

Gunmen open fire inside eatery, at least two dead

Several people were shot inside a Goteborg restaurant late Wednesday and at least two of them have died, Swedish police said.

Police said in a statement that an automatic weapon is believed to have been used in the shooting. They had no details on any suspects.

The shooting happened in Goteborg, Sweden's second-largest city. The neighbourhood has a history of gang violence, said police spokeswoman Ulla Brehm.

Brehm said it was too early to speculate on the motive of the shooters, but said there were indications that the shooting was gang-related. She added that two people were killed at the scene and several others were taken to a hospital.

Witnesses told Swedish media that two men entered the restaurant and opened fire with automatic weapons. THE ASSOCIATED PRESS

First responders rescue a victim after gunmen opened fire at the Bardo museum in Tunisia's capital Wednesday. Authorities say scores of people are dead after the attack on one of the country's major museums, while some of the gunmen may have escaped. ALI BEN SALAH/THE ASSOCIATED PRESS

Shooting leaves 20 dead, 50 wounded

Tunisia. Museum attack the worst act of violence on a tourist site since 2002

Quoted

"We will be merciless in the defence of our country."

Habib Essid, prime minister of Tunisia

Gunmen opened fire Wednesday at a major museum in Tunisia's capital, killing at least 20 people in one of the worst attacks in this struggling North African democracy that depends heavily on tourism.

Men with assault rifles fired at tourists climbing from buses in front of the National Bardo Museum in Tunis near parliament, sending dozens sprinting for safety. Two gunmen were killed, but Prime Minister Habib Essid said a manhunt was on for two or three others.

The identity of the attackers wasn't clear. Twitter accounts associated with the Islamic State of Iraq and the Levant (ISIL) were described as overjoyed at the attack, urging Tunisians to "follow their brothers," according to Rita Katz of SITE, a U.S.-based organization that monitors militant groups.

About 50 people were wounded in the attack, which began after noon local time, Tunisian state television said.

Security forces immediately flooded the area around the museum. Tunisia's parliament building, where deputies were debating a new anti-terrorism law, was evacuated.

According to Essid, the dead include two gunmen, a Tunisian security officer and a Tunisian cleaning woman, while the rest were tourists from Italy, Poland, Germany and Spain.

Tunisia has struggled to keep extremist violence at bay since the overthrow of its dictator in 2011. The attack was the worst on a tourist site since an al-Qaida car bomb killed 21 people in 2002.

"Our nation is in danger," Essid warned in an address on national television Wednesday evening after the siege ended.

"We will be merciless in the defence of our country," he added, describing the attack as an unprecedented assault on Tunisia's economy. He promised increased security in tourist zones and asked residents to be on alert. THE ASSOCIATED PRESS

Right now, they're working hard to research potential treatment for future patients with diabetes here, and throughout the world...

Do you have type 1 diabetes?

We are looking for people between 18 and 65 years of age with Type 1 Diabetes to take part in a new clinical research study.

The INSTRIDE Studies are looking to see how well an investigational insulin works to control blood sugar levels. The investigational insulin has been designed to be as similar as possible to insulin glargine (Lantus), which has helped many people with diabetes worldwide. However, the investigational insulin may provide a more affordable treatment option that could benefit many more people.

The study will last for 66 weeks with 22 study visits (six of these may be conducted by telephone rather than at the study center).
All study medication and study-related healthcare will be provided at no cost to you.

You may be able to take part if you have been taking Lantus for at least 3 months.

Interested? Please contact Jessica at ERS - Endocrine Research
By email: jaydin.ers@shaw.ca
or please call (604) 602-1011

YOU COULD

WIN YOUR FORTUNE

DON'T MISS OUT!

$1,000,000 Winner

Kristy Bengert
Salmo, BC

Prizes are randomly distributed across Canada. At time of purchase, some of the prizes offered may have already been claimed.

scratch & win

VANCOUVER **FASHION WEEK**

Coming up today

Designer's juggling act no easy feat

With her squirming eight-month-old son in her arms, designer Shelley Klassen barely skips a beat as she waltzes into her downtown Vancouver boutique on a busy Thursday morning.

After dropping off her son at school and her daughter at daycare, it's a wonder Klassen manages to still find time to design new collections for her flagship store, Blushing Boutique, and stay calm and collected.

"I'm hoping the eye twitch will go away soon," she joked. "It's a lot, I have to say. I have family helping, which is great, but I won't say it's easy."

With time and practice, however, the juggling act is becoming more manageable, Klassen admitted. ("Who needs sleep?")

After all, since starting in the fashion industry, she hasn't known much different. Klassen launched her boutique in 2007 — the same year her daughter was born.

She now has three collections under her belt: Blushing Designs, Shelley Klassen and Story of a Girl, which she will be presenting at Vancouver Fashion Week on Thursday.

As mother to a "girly girl," Klassen said her design esthetic has evolved over the years to become "very feminine with a retro feel."

"The cuts are flattering and kind of sexy," she said. "These are pieces that you can wear forever, especially once you get them fitted right."

Shelley Klassen, the designer behind Blushing Designs and owner of the downtown Vancouver shop Blushing Boutique.
JENNIFER GAUTHIER/FOR METRO

Fit comes first for Klassen, who has a design studio attached to the store where she offers custom fitting for clients. That service has helped her earn respect among the city's style crowd, she said.

"It's rare that something's going to fit exactly, so that's been a huge thing for us," she said. "We've really developed a loyal following because we can tailor fit and it's done by the designer on site."
THANDI FLETCHER/METRO

Shelley Klassen of Blushing Boutique will present her collection Story of a Girl at 6:30 p.m.

Last night's show: A cheeky palette of black & white

Vancouver Fashion Week opened its third day with a decidedly cheeky start.

Canadian label Averynthe (right) took to the runway first, featuring a floor-length billowing white chiffon gown and bold statement necklace that drew audible gasps from the crowd — even more so when the model turned to reveal a low-cut back that exposed just a touch of derriere.

It was a bold start for emerging designer Mark Abenir, who drew from a palette of black and white for the rest of his collection. Think bold geometric patterns combined with cinched-in waists on feminine silhouettes that billowed behind the models to create an almost Grecian effect.

Young Oregon designer Kate Miles was up next with her capsule collection of couture bridal gowns and eveningwear (centre).

From fun tulle party dresses to 1920s-style flapper skirts and haute couture gowns, it's hard to believe the up-and-coming designer behind these creations is only 15 years old.

Among the up-and-coming student designers from LaSalle College, Adam-Lin Bungag's collection turned heads with its laser-cut sharp lines and clean minimalism in head-to-toe black and white.

A dazzling display of technique, Bungag's work is clearly influenced by 1970s Yves Saint Laurent with a twist of sportif through the use neoprene and mesh fabric.
THANDI FLETCHER/METRO

JENNIFER GAUTHIER/FOR METRO

Street style

Name: Nadia and Zehra Mustafa

Location: Based in London, Italy

Age: 23

Occupation: Designers, Nadia+Zehra

What they're wearing
"We're wearing our own brand. Everything other than our shoes is by us. We have a dress, leggings, a bomber jacket that is actually reversible so you can wear it just the plain colour or the print, and this fur that you can chuck on over anything, really."

Their inspiration
"This collection was inspired by the Addams Family and vampires."

Their motto
"Knowing who you are and not giving a f—."
THANDI FLETCHER/METRO

Everyone's entitled to YOUR opinion.

Join the Metro News Online Reader Panel and provide feedback on recent stories, ads, new features and more.

• Answer short, online surveys • Tell us how we're doing • Every completed survey gives you a chance to win a $25 gift card

Sign up at www.Metronews.ca/panel

metro

FASHION HEALTH FOOD SERVICES
FASHION HEALTH
FOOD HEALTH
SERVICES
FOOD
HEALTH
FASHION
SERVICES
ROYAL CENTRE
FASHION • HEALTH • SERVICES • FOOD

Low-carbon economy in sight: Report

Climate change. Experts from all 10 provinces say weaning Canada off fossil fuels is within reach

Dozens of Canada's top scholars are urging a sweeping remake of how the country produces and uses its energy in a necessary effort to wean itself off fossil fuels.

A report by 59 scientists, economists, engineers, sociologists, architects and philosophers from all 10 provinces was released Wednesday ahead of December's climate meeting in Paris.

The report suggests emissions should be cut by up to 28 per cent over 2005 levels by 2025 and by 80 per cent by 2050. By 2035, Canada's entire electricity grid should be completely low-carbon. The good news, the scholars write, is that we're most of the way there.

James Byrne, a University of Lethbridge climatologist, said more than 75 per cent of Canada's electricity grid is already low-carbon. All that it would take to go the rest of the way is better transmission capacity between adjoining provinces and some backstopping by renewable sources such as wind or solar.

The report brims with other proposals. Minimize energy use in building designs. Electrify public vehicles such as transit buses. Link major cities with high-speed rail. Upgrade fuel standards.

"It's going to cost us about one per cent of GDP," said Byrne. "But it's going to save us four or five times that in health and environmental costs." THE CANADIAN PRESS

Starbucks offers delivery

Starbucks says it will start a 30-minute delivery service to customers in select parts of Seattle and New York City later this year. In New York City, people will be able to use a website to place orders. In Seattle, people would place orders via the company's mobile app. There will be no minimum purchase required, but deliveries will require "a small flat fee" and delivery workers will accept tips, too. Starbucks also says it's on track for a rollout of mobile order-and-pay across the U.S. The program, which lets customers place orders through its apps ahead of time so that drinks and food are ready when they arrive at the store, will launch in Canada this year. THE ASSOCIATED PRESS FILE

Ride sharing. Frankfurt court bans Uber service

A German court banned Uber from offering its ride-sharing service nationwide on Wednesday, adding to the company's troubles in Europe.

Frankfurt state court spokesman Arne Hasse said the ruling was issued Wednesday, banning the UberPop service from offering rides with drivers who don't have taxi permits. The ruling can be appealed.

The ruling stems from a suit brought against Uber by a German taxi association, which was heard in Frankfurt because it is one of several German cities where Uber launched operations.

The court issued an injunction banning Uber from operating last summer but lifted it a few weeks later, saying that while it considered Uber's practices illegal an emergency injunction wasn't justified. THE ASSOCIATED PRESS

Big Tobacco. Bloomberg, Bill Gates join the fight

Former New York Mayor Michael Bloomberg and Microsoft Corp. co-founder Bill Gates are launching a fund to help low- and middle-income countries fight often long and expensive legal battles with the tobacco industry.

The newly created Anti-Tobacco Trade Litigation Fund backed by $4 million US from Bloomberg Philanthropies and the Bill & Melinda Gates Foundation was announced Wednesday at the 16th World Conference on Tobacco or Health in Abu Dhabi, United Arab Emirates.

Countries have been engaged in legal battles with tobacco companies over laws requiring graphic health-warning labels or standard packaging for cigarettes without logos. Bloomberg said the fund will assist smaller, developing countries. THE ASSOCIATED PRESS

Introducing the Scotiabank® Savings Accelerator Account.

Make the most of your savings **every day** with up to 1.3%[1] interest, the highest rate among the big 5 banks.[2] Available for registered or non-registered accounts.[3] Ask us about it today. Visit a branch, call 1-800-268-9269 or go online.

www.scotiabank.com/savehigh

You're richer than you think.®

Scotiabank®

®Registered trademarks of The Bank of Nova Scotia. [1]Interest rate tiers are 1.3% for balances of $25,000 and over; 1.15% for balances below $25,000 and at least $5,000, and 0.1% for balances under $5,000. Interest is accrued daily and paid monthly. All interest rates are regular posted rates and are not promotional rates. Scotiabank reserves the right to change interest rates at any time. [2]The "big 5 banks" refers to the 5 largest banks in Canada by asset size as at July 31, 2014. Interest rate comparison is based on regular posted rates on retail high interest savings accounts, as publically advertised and as at January 5, 2015. Interest rate comparison excludes any high interest savings account offers considered 'premium' or 'VIP', business or commercial savings accounts, and special, discretionary and 'limited time' offers by other financial institutions. [3]The Scotiabank Savings Accelerator Account may be opened within the following registered investment accounts - TFSA, RSP, RESP, RRIF and RDSP.

Airlines

Pilots' strike grounds flights

About 750 short- and medium-haul flights were cancelled Wednesday after Lufthansa pilots went on strike — the latest in a string of walkouts. Around 80,000 passengers were affected. The Vereinigung Cockpit union said it would extend its strikes to long-distance flights on Thursday. The dispute centres on the airline's plans to cut transition payments for pilots wanting to retire early. THE ASSOCIATED PRESS

Market Minute

DOLLAR 79.55¢ (+1.28¢)

TSX 14,962.24 (+63.71)

OIL $44.66 US (+$1.20)

GOLD $1,151.30 US (+$3.10)

Natural gas: $2.920 US (+6.5¢)
Dow Jones: 18,076.19 (+227.11)

T-Mobile shakes up wireless services

American wireless service company T-Mobile wants to change how businesses in the U.S. buy phones and wireless services — two years after it changed how consumers do so.

T-Mobile says its new business plans are about simplicity, with rates based solely on how many lines and how much data the company needs. The company believes its new plans will be particularly attractive to smaller businesses without staff trained to negotiate rates with larger carriers.

"Anybody can figure out the cost," John Legere, T-Mobile's CEO, told The Associated Press. "At the counter, on the phone, in two minutes, we can tell you exactly how much."

T-Mobile is also offering new deals for the families of those who use its business plans, along with a pledge to pay the balance of phone-installment plans for those switching from other rivals.

Two years ago this month, the Bellevue, Wash., company shattered a long-standing industry practice of tying consumers to two-year service contracts in exchange for phone discounts. Customers now pay full price for phones in instalments, and the company no longer inflates rates for voice, text and data services to make up for those phone discounts. Verizon, AT&T and Sprint now have no-contract plans, too.

Since then, T-Mobile also has introduced free data roaming abroad and programs for upgrading phones more frequently.

The programs have helped T-Mobile US Inc., America's No. 4 wireless carrier, gain more than four million phone customers in the lucrative "postpaid" plans last year. Postpaid customers tend to have better credit and pay for service at the end of the billing cycle rather than in advance.

Although Wednesday's announcements were aimed at businesses, many provisions will affect consumers. THE ASSOCIATED PRESS

Amazing smartphones on sale now.

With network speeds up to 45% faster than before[1] and completely affordable rate plans, there's never been a better time to switch to Bell.

Samsung Galaxy S5™

$99.95[2]

2-yr Plus plan with data
$699.95 No term

Samsung Galaxy Alpha™

$0[2]

2-yr Plus plan with data
$699.95 No term

LG G3

$0[2]

2-yr Plus plan with data
$699.95 No term

Sony Xperia® Z3 Compact

$0[2]

2-yr Plus plan with data
$549.95 No term

New! Smartphone Price Match[3].

Find a lower price on a new smartphone and we'll match it.

Visit a Bell store • 1 888 4-MOBILE • bell.ca

Bell getting a new smartphone just got better

Get expert advice today.
Visit a Bell store near you:

ABBOTSFORD
Sevenoaks Shopping Centre

BURNABY
Brentwood Town Centre
Crystal Mall
Lougheed Town Centre
Metropolis at Metrotown

CHILLIWACK
Eagle Landing Shopping Centre
Cottonwood Mall

COQUITLAM
Coquitlam Centre

CRANBROOK
First Pro Cranbrook

DAWSON CREEK
600 – 113th Ave.
Dawson Mall

DELTA
Scottsdale Centre
Sunshine Village

FORT ST. JOHN
7920 Alaska Rd.
Totem Mall

KAMLOOPS
Aberdeen Mall
Lansdowne Village

KELOWNA
Dilworth Shopping Centre
Orchard Park

LANGLEY
Willowbrook Corner
Willowbrook Mall

MAPLE RIDGE
Haney Place Mall

NANAIMO
Country Club Centre
Woodgrove Centre

NEW WESTMINSTER
Queensborough Landing

PENTICTON
Peachtree Square

PITT MEADOWS
Meadowtown Centre

PRINCE GEORGE
Pine Centre

RICHMOND
Aberdeen Centre
Richmond Centre

SURREY
13630 – 72 Ave.
8363 – 128th St.
Central City Shopping Centre
Clover Square Village
Guildford Town Centre
Panorama Village
Semiahmoo Shopping Centre

VANCOUVER
1147 Robson St.
698 West Broadway
2154 West 4th Ave.
2065 West 41st Ave.
1588 West Broadway
1008 West Georgia St.
Capilano Mall
Lynn Valley Centre
Oakridge Centre
Pacific Centre
Park Royal

VERNON
Village Green Mall

VICTORIA
3500 Uptown Boulevard
Bay Centre
Hillside Centre
Mayfair Shopping Centre
Tillicum Centre
Westshore Town Centre

Also available at:

The SOURCE I WANT THAT

Offer ends March 31st, 2015. Available within network coverage areas available from Bell Mobility; see bell.ca/coverage. One-time connection charge ($15) and SIM card charge ($4.95) may apply. 9-1-1 government monthly fee in AB: $0.44. Taxes extra. Other conditions apply. If you end your Commitment Period early, a Cancellation Fee applies; see your Agreement for details. Subject to change without notice. **(1)** Based on comparison of the shared LTE network theoretical download speeds of up to 75 Mbps (expected average download speeds 12-25 Mbps) vs. the enhanced shared LTE network theoretical download speeds of up to 110 Mbps (expected average download speeds 14-36 Mbps). Actual speeds may vary due to topography, environmental conditions, device type and other factors. **(2)** Available with new activations or upgrades with $80/mo. spend before tax ($60/mo. plan + $20/mo. for 500MB data) or a $60/mo. plan if adding to an existing account. Promotional pricing may apply; visit bell.ca/rateplans for details. **(3)** Advertised competitor price must be available in your province of residence at the time of purchase and monthly spend commitment and contract term must be identical to Bell's. You will need to provide at the time of purchase a current print or email advertisement, a photo of an in-store or outdoor advertisement or a printed website screenshot containing the details required for Bell to verify the offer. Transaction of price match must be done in participating stores only at the time of activation (not available online or by phone). The Smartphone Price Match Guarantee offer is only available at Bell corporate and dealer stores in Alberta, British Columbia, Manitoba, Saskatchewan, and in the Thunder Bay and Dryden areas. It is available for new postpaid activations or upgrades on consumer or small business account types at the time of activation. The price match cannot reduce your phone price below $0 and there is a maximum match of $150 per mobile line on each account. Bell reserves the right to verify the offer and available quantities before honouring the offer, as well as any fraudulent request submitted. Offer does not apply in case of publication of inaccurate advertisements. This offer applies only to new phones and is not eligible on refurbished and previously owned phones. Offer value not transferable. Limit of one claim per new activation or upgrade. Offer cannot be combined with other offers (unless otherwise specified) and subject to change without notice. Other conditions may apply. This offer excludes tablets, smart watches, mobile internet devices and trade-in bonuses. Samsung Galaxy S5 and Samsung Galaxy Alpha are trademarks of Samsung Electronics Co., Ltd., used in Canada under license. Sony is a trademark of Sony Corporation. Xperia is a registered trademark of Sony Mobile Communications AB. "LG", the "LG logo" and "LG G3" are the property of LG Corp and its affiliates.

VOICES

THE GREATEST TEACHER

Ahead of World Down Syndrome Day on Sunday, CTV News anchor Tamara Taggart tells Metro how her son has taught her more about the syndrome than the experts

TAMARA TAGGART
readers@metronews.ca

Left: Tamara Taggart says her son Beckett is perfect. Middle: Beckett celebrates his sixth birthday with dad Dave Genn, Taggart and sisters Poppy and Zoë. Right: Taggart and Beckett at Jericho Beach in Vancouver. ALL PHOTOS COURTESY TAMARA TAGGART

We found out that our son Beckett has Down syndrome when he was five days old — and I'm not going to lie, it was devastating.

We were scared because we didn't know anything about Down syndrome. After seven years, it turns out Beckett has taught us much more about Down syndrome than any "expert." It's been a long journey for all of us.

When we were in the hospital and it was mentioned that Beckett should be tested for Trisomy 21, we started Googling "Down syndrome." I don't recommend this. Dr. Google is a jerk, and when you're scared in a hospital bed with hormones raging, you are incapable of filtering all the garbage out there. The outdated pictures and physical descriptions of people with Down syndrome are too much for a new mother holding her perfect baby.

Perfect? Yes. That's what I said. Beckett is perfect. He was the day he was born and he still is. But it's hard for some people outside of our family to understand this reality.

Others may look at us and feel sorry because our son has special needs, but we're not sorry at all. He's non-verbal, but he's making huge improvements. Toilet training is slow, he doesn't understand fear and he has a few health challenges — but it's nothing we can't handle.

From those frightening early days on Google, we've come so far and we've done it together.

We rarely think about Down syndrome now. Beckett is a typical boy and he is not defined by his challenges. He's funny, bright and loving.

Perhaps the biggest challenge of all is the public perception of this syndrome. There were many times that I felt rage over ignorant words or careless stereotypes some people would use to describe my son.

As a new parent, I was asked numerous times if I had "testing" when pregnant, as if people couldn't imagine I actually made the choice to keep a baby with Down syndrome.

Telling me that people with Down syndrome are always such happy people is ridiculous to me.

My son is happy because he is loved, not because he has an extra chromosome. It's another stereotype that's still out there.

And don't get me started on the R-word. You know the word I'm talking about because I'm sure you still hear it from time to time.

I hope you can understand that people who use this word are thoughtless and unimaginative.

Even describing my child as a "Down's kid" is insulting because he's so much more than that. Beckett is my son who happens to have Down syndrome; he is not defined by his extra chromosome any more than you are defined by the colour of your hair.

The beautiful gift of time is that all these things don't bother me so much anymore, although I'd love to see some of these perceptions change. But I'm solid. I know who Beckett is and what he has to offer the world.

When speaking with new parents, I always tell them the same thing: "Everything is going to be great, I promise." It's a promise they can count on.

If there's one thing I've learned, it's that I know it will all be OK.

Tamara Taggart is an award-winning news anchor on CTV News at 6 in Vancouver. She is married to music producer/guitarist Dave Genn of 54-40 and they have 3 children: Beckett, Zoë and Poppy

Men and women need to stop with breastfeeding shaming

KRISTEN THOMPSON
readers@metronews.ca

I can't believe I'm actually writing this column because this has been said so many times. But, given the recent breastfeeding-shaming incidents at a Winnipeg mall and on a United Airlines flight, I guess it needs to be said again:

Breastfeeding is not gross. It's natural, it's important and it's really difficult. So it's shocking to me that mothers are being shamed for doing it in public — and by other women.

I nursed my daughter for 12 months. Sometimes I covered up, sometimes I didn't, but I was always modest. It was painful and difficult, and I would have quit without the support of my husband. In that year, the only people who ever gave me a disgusted sideways look, or admitted openly to being offended or disgusted by public nursing, were women.

Somehow their judgment stung worse than it would have had it come from a man. I look to other women — and mothers — for support and understanding. Women seem to be perpetually apologizing for their bodies, and the fact that shame and judgment often comes from other women seems completely illogical.

Penny Van Esterik, an anthropologist at Toronto's York University and a breastfeeding researcher and author, says some women see breastfeeding as an in-your-face political statement or a way to shame mothers who bottle-fed their own children.

She pointed out that as we have become more of a bottle-feeding culture, several generations of women have become unfamiliar with nursing. This has made public breastfeeding — something that doesn't raise an eyebrow in much of the rest of in the world — seem foreign and inappropriate.

"Nurturing practices and customs are passed down from grandmother to mother and mother to daughter, and when those customs and support practices are disrupted, they are gone," said Van Esterik. "They are lost for women, but it's also a loss for men who don't know how to support their breastfeeding partners or where to look when they see other women breastfeeding in public because they haven't seen much breastfeeding.

"If someone responds with disgust to this basic nurturing practice, somehow society is at fault," she said. "Not to support a breastfeeding mother is to reject one of the most important nurturing practices in the world. We should all be celebrating it."

We place huge expectations and judgments on women and mothers. That judgment needs to stop, and the change needs to start with women.

That means not expecting moms to tuck themselves into a bathroom stall to feed their baby for 45 minutes because you are offended by the sight of boobs across the restaurant.

Breasts are not gross. Our babies' hunger is not gross. The milk our bodies make to feed our children is not gross. We need to hammer this point home again and again and again until not a single nursing mother feels she needs to turn away in shame.

Van Esterik said it best at the end of our interview when she gave a message to people — men or women — who have a problem with public breastfeeding: "Tell them to put a blanket over their own heads."

Recent incidents

- A Winnipeg mother recently accused a mall security officer of telling her to stop breastfeeding because it was "offensive."
- A woman on a United Airlines flight said a flight attendant threw a blanket at her husband when she started breastfeeding her son on a flight.

Kristen Thompson is a national editor with Metro News.

metro **Star Media Group President** John Cruickshank • **Vice-President & Group Publisher, Metro Western Canada** Steve Shrout • **Vice-President & Editor-in-Chief, Metro English Canada** Cathrin Bradbury • **Deputy Editor** Fernando Carneiro • **National Deputy Editor, Digital** Quin Parker • **Managing Editor, Vancouver** Jeff Hodson • **Managing Editor, Features** Amber Shortt • **Managing Editor, Canada, World, Business** Matt LaForge • **Managing Editor, Life & Entertainment** Dean Lisk • **Sales Manager** Chris Mackie • **Distribution Manager** George Acimovic • **Vice President, Content & Sales Solutions** Tracy Day • **Vice-President, Sales** Carolyn Sadler • **Vice-President, Finance** Phil Jameson • **METRO VANCOUVER** 375 Water Street - Suite 405 Vancouver, BC V6B 5C6 • **Telephone:** 604-602-1002 • **Fax:** 604-648-3222 • **Advertising:** 604-602-1002 • adinfovancouver@metronews.ca • **Distribution:** vancouver_distribution@metronews.ca • **News tips:** vancouver@metronews.ca • **Letters to the Editor:** vancouverletters@metronews.ca

Shailene's still not a feminist, still doesn't know what it means

Shailene Woodley. ALL PHOTOS GETTY IMAGES

Insurgent star Shailene Woodley is doubling down on her comments from last year that she's not a feminist. Only now she's not a feminist and she's also not *not* a feminist. If that makes any sense.

"The reason why I don't like to say that I am a feminist or I am not a feminist is because to me it's still a label. I do not want to be defined by one thing. Why do we have to have that label to divide us? We should all be able to embrace one another regardless of our belief system and regardless of the labels that we have put upon ourselves," she says.

Of course, she might change her tune if someone explained to her what feminism actually is, because her description, as told to Time in an interview last year, seems a little off: "I love men, and I think the idea of 'raise women to power, take the men away from the power' is never going to work out because you need balance," she says.

"I think that if men went down and women rose to power, that wouldn't work, either. We have to have a fine balance." You know, like equality.

Quoted

"I do not want to be defined by one thing. Why do we have to have that label to divide us?"

Shailene Woodley on why she's not a feminist

Gossip

NED EHRBAR

METRO'S TAKE ON THE WORLD OF CELEBRITIES

Kendall opens up about Bruce Jenner

I'm sure Kendall Jenner meant the best when she opened up about dad Bruce Jenner's rumoured ongoing transition, but her word choice isn't going to sit very well with the transgender community.

"He's a wonderful man. And just because he's changing shoes now, so to speak, doesn't make him less wonderful.

"I will always love my dad, whether he's a man or a woman," she tells Us Weekly, rather nonchalantly trivializing the whole transitioning experience, but, whatever.

Cue the backlash in 3, 2, 1...

Bristol Palin engaged to Dakota Meyer

The daughter of former Alaska governor and former GOP vice-presidential candidate Sarah Palin said in a blog post Saturday that Meyer came to Alaska to film the Amazing America reality show with her mother last year. She says Meyer is wonderful with her son Tripp. Meyer was awarded the Medal of Honor in 2011.

The Kentucky native is credited with saving the lives of 36 Marines, Army soldiers and Afghan soldiers while providing cover for them to find their way out of a firefight with the Taliban. THE ASSOCIATED PRESS

More Katie Holmes and Jamie Foxx dating rumours

Can't two incredibly attractive, wealthy and famous grown-ups just be good friends without everyone speculating that they're an item? Apparently not, if it's Katie Holmes and Jamie Foxx, who've been dodging dating rumours for more than a year. Of course, it doesn't help that Us Weekly found a photo of the two from February that shows them holding hands, playing footsie and being rather couple-ish.

Spend YOUR POINTS EVENT!

SATURDAY, MARCH 21 & SUNDAY, MARCH 22

SPEND 50,000 POINTS AND GET UP TO $100 OFF* THAT'S AN EXTRA $15

SPEND 95,000 POINTS AND GET UP TO $200 OFF* THAT'S AN EXTRA $30

FREE feels good

*Some conditions may apply. See store for details.
Offer valid Saturday, March 21 and Sunday, March 22, 2015 only.

SHOPPERS DRUG MART

ENTRY LEVEL POSITIONS
Local Company is Expanding
Competitive Pay + Bonus Opportunities
Looking to add 8-10 Individuals ASAP
No Experience Needed to Start
WE WILL TRAIN YOU
CALL 604-235-6605

Laser Acne Treatment

Get CLEAR Skin!
- Manage Blemishes
- Prevent Breakouts
- Improve Scarring

1st Treatment ONLY $50
604-255-2737
www.ElectraLaserHairRemoval.com
ELECTRA LASER
HAIR REMOVAL & SKIN REJUVENATION EXPERTS
L12 - 955 Hornby St. Vancouver

Celebrating 25 years of two mommies

Society. A picture book about lesbian moms caused uproar when it hit libraries — now it's getting a redesign and reprint

Author Leslea Newman's book Heather Has Two Mommies became a cultural and legal flashpoint when it was published 25 years ago. THE ASSOCIATED PRESS

A playful picture book about a little girl named Heather and her two happy mommies was a cultural and legal flashpoint 25 years ago, angering conservatives over the morality of same-sex parenting and landing libraries at the centre of community battles over placement in the children's stacks.

Today, Heather — of Heather Has Two Mommies — has a lot more company in books for young kids about different kinds of families, but hers was out of print and visually dated. That's why creator Leslea Newman decided on a new version, with fresh illustrations from a new artist and tweaking the text. The latest edition, out this month, is from Candlewick Press.

Newman wrote the story in 1988 after a chance encounter in Northampton with Amy Jacobson, a lesbian mom who was looking for reading material that better reflected her life with her partner — now wife — and their young daughter.

Newman, a full-time writer and poet at the time, chronicles Heather's love of all things "two," including her moms, one a doctor and the other a carpenter. When Heather joins a home-based play group — changed to "school" in the new version — she is saddened when teacher Molly reads the children a story at nap time focused on a daddy.

The process of getting Heather published in 1989 was a slow one. There were about 50 turndowns. That's why she co-published the book with a friend who had a desktop printing business.

Soon, writer and businessman Sasha Alyson came knocking. He had just put out another picture book, Daddy's Roommate, about a divorced father who lives with his same-sex partner, when he spotted Heather in a Cambridge, Mass., bookshop and offered to take it on. Heather quickly took off and the repercussions — for both Newman's book and Daddy's Roommate by Michael Willhoite — were big.

Both books landed at the centre of a federal court battle in Wichita Falls, Texas, after opponents demanded them moved to the adult shelf. A judge deemed the effort unconstitutional. Newman said it was banned, burned and even defecated upon by a library patron in Ohio. It was among the nation's most challenged books in libraries in the 1990s.

"It's the book that brought to the forefront the issues, the conflicts, over what materials concerning GLBT identity, lifestyles should be available to young kids," said Deborah Caldwell-Stone, deputy director for the American Library Association's Office for Intellectual Freedom in Chicago.

THE ASSOCIATED PRESS

JOIN THE FUN AND RAISE MONEY AND AWARENESS FOR MUSIC THERAPY!

• VANCOUVER • CALGARY • SASKATOON • WINDSOR • WATERLOO
• GUELPH • BURLINGTON • TORONTO • OTTAWA/PERTH • MONTREAL
MARCH FOR MUSIC THERAPY
SUNDAY MARCH 29 2015
In support of the Canadian Music Therapy Trust Fund
In partnership with the Canadian Association for Music Therapy
GO TO MUSICTHERAPYTRUST.CA TO REGISTER + DONATE
More information: vancouvermarch2015@gmail.com

Music. Mary J. Blige just one of many acts rivalling the big Austin arts fest

Mary J. Blige performed for a feverish crowd Tuesday night at the Samsung Supper Club in Austin, in an event not sponsored by South by Southwest. It's another sign of unofficial concerts rivalling the festival when it comes to pulling big-name acts.

Iggy Azalea, D'Angelo and Nick Jonas are some of the other top acts at events unrelated to the festival.

Blige is no dancer, but the performer moved energetically at the show, even imitating Michael Jackson's dance moves during her funky hit, Just Fine.

She kicked off her set with Enough Cryin' — which features her rapping as her alter ego Brook-Lynn — and she continued with the up-tempo anthem, The One.

She moved like a pro, though there was water dripping from the covered ceiling on the venue's rooftop. She managed to manoeuvre in heels and an ab-revealing crop top.

"Go Mary. Go Mary," the crowd, who attended a seated dinner prior to the performance, yelled loudly. Blige's husband, Kendu Isaacs, filmed her performance with his phone while Orange Is the New Black actress Danielle Brooks, music manager Kevin Liles and track and field Olympian Sanya Richards-Ross — along with her NFL husband Aaron Ross — sang and danced along.

"Where the My Life fans at?" the 44-year-old Blige asked, referring to her classic 1994 sophomore album. She followed with songs from that album, including Be Happy and You Bring Me Joy. She also performed other hits from the past, including Real Love and You Remind Me from her debut album, 1992's What's the 411?

THE ASSOCIATED PRESS

Mary J. Blige on Tuesday performed at an Austin concert not sponsored by SXSW. GETTY IMAGES

What Sally says about ageism and sexism

SXSW. In Austin at the premiere of her latest film, actress reflects on the limited roles for 'women of age'

NED EHRBAR
Metro News in Austin

Sally Field wowed audiences at SXSW with her star turn in director Michael Showalter's delightful Hello My Name is Doris, playing an earnest wallflower who becomes the toast of Brooklyn hipster culture.

It's a delightful, comic role, and while Field got her start in comedy, lately she's been leaning more toward dramatic work. But, Field is quick to point out, that's not at all voluntary.

"How many times do I get offered comedic scripts? It isn't even that. How many times do I get offered anything worth considering, be it comedic or serious or anything? Welcome to the world," Field tells Metro.

"There's an ageism thing all over the place. Certainly it isn't just about comedy and it isn't just about Hollywood," she explains. "It's certainly illustrated in Hollywood, but there's a dearth ... of roles for women. And no roles for women of age that aren't just simply about being old, you know? It's not about your life or stages of life. So to find something like Doris that's just so unique, that's really about people in different stages of their life who become friends, is wonderful."

Actress Sally Field arrives at the premiere of Hello, My Name Is Doris during the SXSW Festival in Austin, Texas. GETTY IMAGES

Perception is everything

Are the offers just not in her Field?

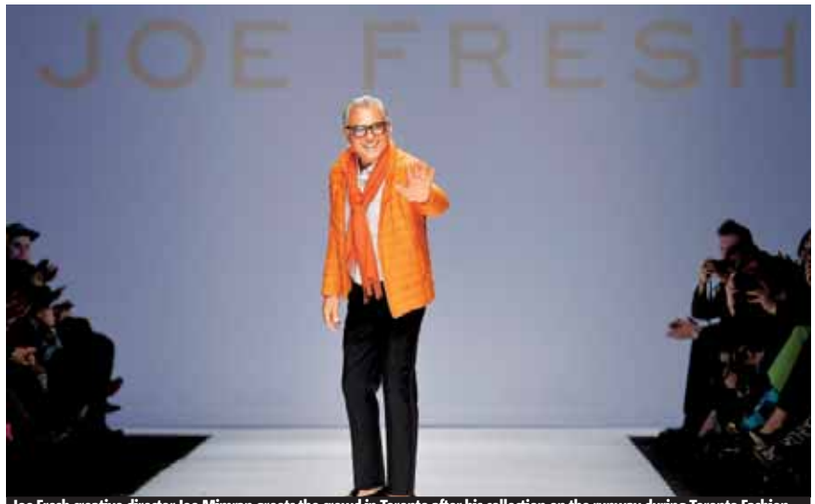
While Doris director Michael Showalter agrees with Field's assessment of opportunities for female actors, he thinks his star might be overlooking one crucial mitigating factor when it comes to analyzing the offers she's receiving. "I bet, too, with her there's people that wouldn't even consider (offering her a role)," he says. "They'd be like, 'Well she won't do it.' I'll bet there's an element of that. That she would seem unattainable."

For the record, Ms. Field would like everyone to know that she is in fact attainable — assuming the script is good enough.

YOUR DAILY BRITISH-ISM
Chuffed \'chəft\
very pleased
My 7:30 date was cancelled... I'm chuffed.
CORONATION ST.
Weeknights at 7:30
cbc.ca/coronation

Joe exits the catwalk, enters the den

Fashion. A look back at the nearly 10 years of Joe Fresh as its namesake creator steps down from the brand



Joe Fresh creative director Joe Mimran greets the crowd in Toronto after his collection on the runway during Toronto Fashion Week in March 2014. NATHAN DENETTE/THE CANADIAN PRESS

Joe Mimran surprised the fashion and world this week by stepping down from the famed label that bears his name. Here's a look at five noteworthy moments in the life of the affordable apparel brand.

Joe Fresh drops "Style" from brand name

When the label launched in 2006 with men's and women clothing, it was introduced by parent company Loblaw as Joe Fresh Style. The low-priced lined was initially only available at select Superstores.

The brand continued to evolve, introducing children's wear in 2007, cosmetics in 2009 and its first stand-alone store in Vancouver in 2010. As the fast-growing brand forged forward, the label dropped "Style" from its official moniker in 2011.

Marquee models on the runway

Prior to pulling the plug on runway presentations last fall, Joe Fresh shows at Toronto's World MasterCard Fashion Week were among the biggest draws on the event's calendar.

The label generated big buzz by enlisting some of the fashion industry's top talents to take part.

In 2008, Toronto-born, Richmond B.C.-raised supermodel Coco Rocha was 19 when she made her Canadian debut on the Joe Fresh runway to cheers and applause. American model Crystal Renn also made a splash walking for Joe Fresh, as did strutting fashion legend Pat Cleveland.

Crystal Renn and Pat Cleveland model Joe Fresh ensembles. NATHAN DENETTE/THE CANADIAN PRESS

Scouts Canada Style Redesign

Scouts Canada uniforms got a Fresh makeover for the first time in two decades when the label partnered with Canada's largest youth organization to revamp its official ensembles in 2011.

The redesign was a collaborative process between the two camps, in addition to consultations with thousands of Scouts members. Canadian flags were featured in the retooled design, which also saw the emergence of spruced-up colours and the elimination of badges on sashes for Cubs and Scouts, who now wear the symbols of achievement on their sleeves.

Bangladesh factory collapse

The production practices of Joe Fresh and other brands were in the spotlight following the fatal building collapse in Dhaka, Bangladesh, which claimed more than 1,100 lives.

Items carried by the Canadian label were among those produced within the illegally constructed Rana Plaza.

In the aftermath of the 2013 tragedy, Loblaw provided financial compensation to workers and contributed $1 million to Save the Children Bangladesh and the Centre for Rehabilitation of the Paralysed, in support of programming for workers in the garment industry.

Loblaw also teamed with several retailers in signing an agreement to improve fire and building safety in Bangladesh. The pact required the companies conduct independent safety inspections, make their reports on factory conditions public and cover expenses for needed repairs.

Joe goes global

The label has grown well beyond its supermarket origins. Joe Fresh is available in more than 340 retail locations, and also operates six freestanding stores in the U.S.

The brand opened its first storefront outside North America with a flagship in Seoul which launched last year.

The rollout in Korea is part of a four-year plan to launch 141 Joe Fresh stores in 23 countries.

THE CANADIAN PRESS

New outfit

Mimran welcomed to Dragons' Den

CBC says the fashion retail giant will be one of the next batch of business bosses fielding pitches on the reality series.

Mimran has been behind formidable brands including Joe Fresh, Club Monaco, Alfred Sung, and — with his wife, Kimberley Newport-Mimran — Pink Tartan.

The new season of the show, which airs Wednesdays on CBC, starts this fall.

Apprentice plumbers earn a median wage of $26/hr*!

IN-DEMAND SKILLED TRADES PROGRAMS

Plumber Foundation

Apprentice plumbers in BC earn a median wage of **$26/hr*!**

Our smaller class sizes allow for focused, concise one-on-one feedback from instructors.

Construction Electrician Foundation

Apprentice electricians in BC earn a median wage of **$27/hr*!**

Program includes practicum placements so you can get the training and experience you need to get job-ready fast!

*Source: jobbank.gc.ca

1 800 993 4086 study.vccollege.ca
Six campuses across Vancouver to better serve you.

VANCOUVER CAREER COLLEGE

Apprentice electricians earn a median wage of $27/hr*!

SEE WHAT'S NEW... CHECK OUT OUR LATEST OFFER ON PAGE 17 SHOPPERS DRUG MART

Here's to redefining pizza night

Dinner. Portabella Cap Pizzas and Garlic Knots will make you rethink calling the delivery place you have on speed-dial

This recipe serves two to four people. MOLLY GILBERT

"This (take on pizza) is a fresh and healthy (traditional crustless) version, which happens to be vegetarian to boot," writes Molly Gilbert in Sheet Pan Suppers.

"Bright Mediterranean flavours in the form of artichokes, tomatoes, garlic, and goat cheese come together atop tender, meaty portabella mushroom caps, the result of which should please meatless friends and carnivores alike.

"Plus we're throwing in some garlic knots!"

Ingredients

- 4 large portabella mushrooms, wiped of dirt, stemmed
- Kosher salt
- 3/4 cup chopped, drained jarred or canned artichoke hearts
- 1 cup chopped tomato
- 4 oz goat cheese, crumbled
- 1/4 cup grated Parmesan cheese
- 1/4 tsp garlic powder
- 1 tsp dried oregano
- Freshly ground black pepper
- Crushed red pepper flakes
- 6 cloves garlic, minced
- 3 tbsp extra virgin olive oil
- 1 tbsp minced fresh flat-leaf parsley leaves
- 1 tube (8 oz) refrigerated crescent rolls

1. Preheat the oven to 400 F with a rack in the centre position. Line a sheet pan with parchment paper.

2. Place the portabellas top down and evenly spaced on the prepared sheet pan, making sure to leave room on the perimeter and in between for the garlic knots. Sprinkle the mushrooms with a pinch of salt. Pile the artichokes, tomatoes, goat cheese, and Parmesan on top of the portabellas, dividing the toppings evenly. Season them with the garlic powder, oregano, and a pinch each of black pepper and red pepper flakes.

3. Combine the garlic, olive oil, and parsley in a small bowl. Open the crescent rolls and cut them apart into triangles where they're scored. Working with one dough triangle at a time, tie the piece of dough in a loose knot, tucking the ends under the knot. Arrange the knots on the sheet pan around the portabellas, leaving a bit of space between knots. Brush each knot generously with the garlic mixture.

4. Bake the portabellas and knots until the portabellas are tender, the cheese has browned and melted, and the garlic knots are golden, 20 minutes. If your portabellas are particularly fat, remove the garlic knots from the pan and let the mushrooms cook until tender, an additional 5 to 10 minutes.

5. Serve the pizzas and garlic knots hot from the oven. **RECIPE EXCERPTED FROM SHEET PAN SUPPERS BY MOLLY GILBERT (WORKMAN PUBLISHING). COPYRIGHT © 2014.**

Cookbook of the Week

Meals straight from the oven

Got a sheet pan and an oven? If so, you have what it takes to make complete meals, snacks, brunch and even dessert.

Molly Gilbert's Sheet Pan Suppers offers more than 120 recipes that reinvent the one-pot meal. The appeal is twofold: First, it is convenient and, second, roasting, baking or broiling intensify flavours. But the real genius of the book is Gilbert's well-rounded approach. Sheet Pan Suppers takes you from weeknight meals like Soy-Mustard Salmon and Broccoli to special occasion meals such as Rack of Lamb with Herby Bread Crumbs and Buttered Carrots as well as dessert such as Cannoli Roulade. **METRO**

Service Directory

To advertise call 604.602.1002

FINANCIAL

SUCCESS FCR

www.successbc.ca/FCRloan

Helping Internationally Trained Professionals

FCR Loan Project offers:

- Professional guidance for regulated & non-regulated professions
- Loan(s) for credential recognition from $1,500 to $15,000
- 6 months interest-free grace period
- Competitive low-interest rate!

Phone 604.232.1100 Email FCRloaninfo@success.bc.ca

Funded in part by the Government of Canada | Canada

MoneyProvider.com

$500 Loan and more

Fast, easy and secure

No credit refused

1-877-776-1660

www.moneyprovider.com

BEAUTY

VCC Salon & Spa

Present this ad to receive 50% off your next haircut.*

Book an appointment today!
Salon: 604.443.8332 | Spa: 604.443.8334
250 W. Pender St.

vcc.ca/salonspa

*Offer expires Mar 31/2015. Not valid with any other special offer.

Gritty graffiti indoors

Art is more than canvas, paint or photography. Look around outside and you'll see all sorts of self-expression that just might make its way inside your home and inspire a new way of thinking about art. The drive-by images of street art can add an energetic vibe to even the stuffiest of rooms

DESIGN CENTRE
Karl Lohnes
home@metronews.ca

Pure Evil steps up to the plate

Granny's dining room walls never looked so chic! Royal Doulton's Street Art Pure Evil Decor Collection: Set of four china plates are $110 at TheBay.com

Book 'em

A quarter century of street art by one of the world's most-recognized artists. ACT-4, 25 Years: 1989-2014 by WK Interact, $40, Chapters.Indigo.ca

Scrub up good

Be awash in the midst of creativity. Graffiti In Prague shower curtain, $86, CafePress.ca

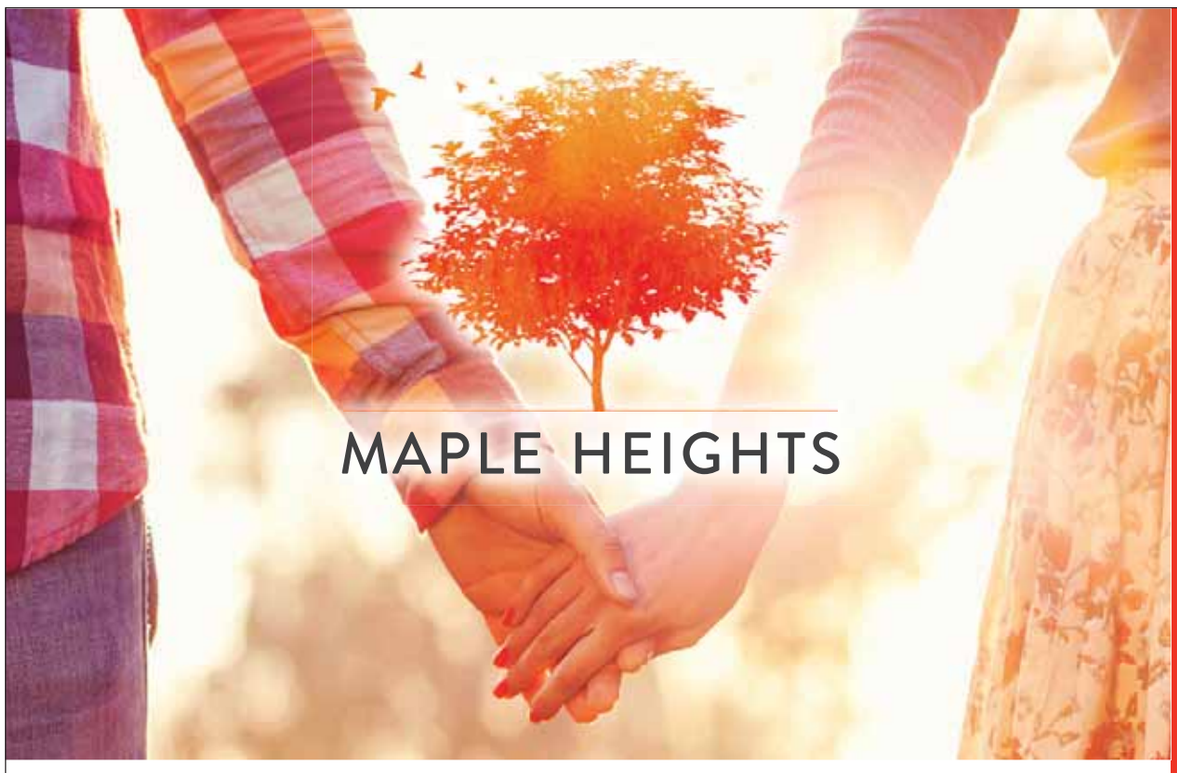
A Crash course in art

Collect limited edition street art from around the world for 20 bucks (launching in April). Graffiti Letters art print by John Crash Matos, $20. Stromby frame, $35, Ikea.com

The writing's on the wall

Bring an urban-chic vibe to any space, Graffiti Wall Decal, 17x104 in., $56, WallPops.com

ALL PHOTOS: CONTRIBUTED



COMING SOON • SIGN UP NOW

Contemporary 3 Bedroom Townhomes from the Low $300's

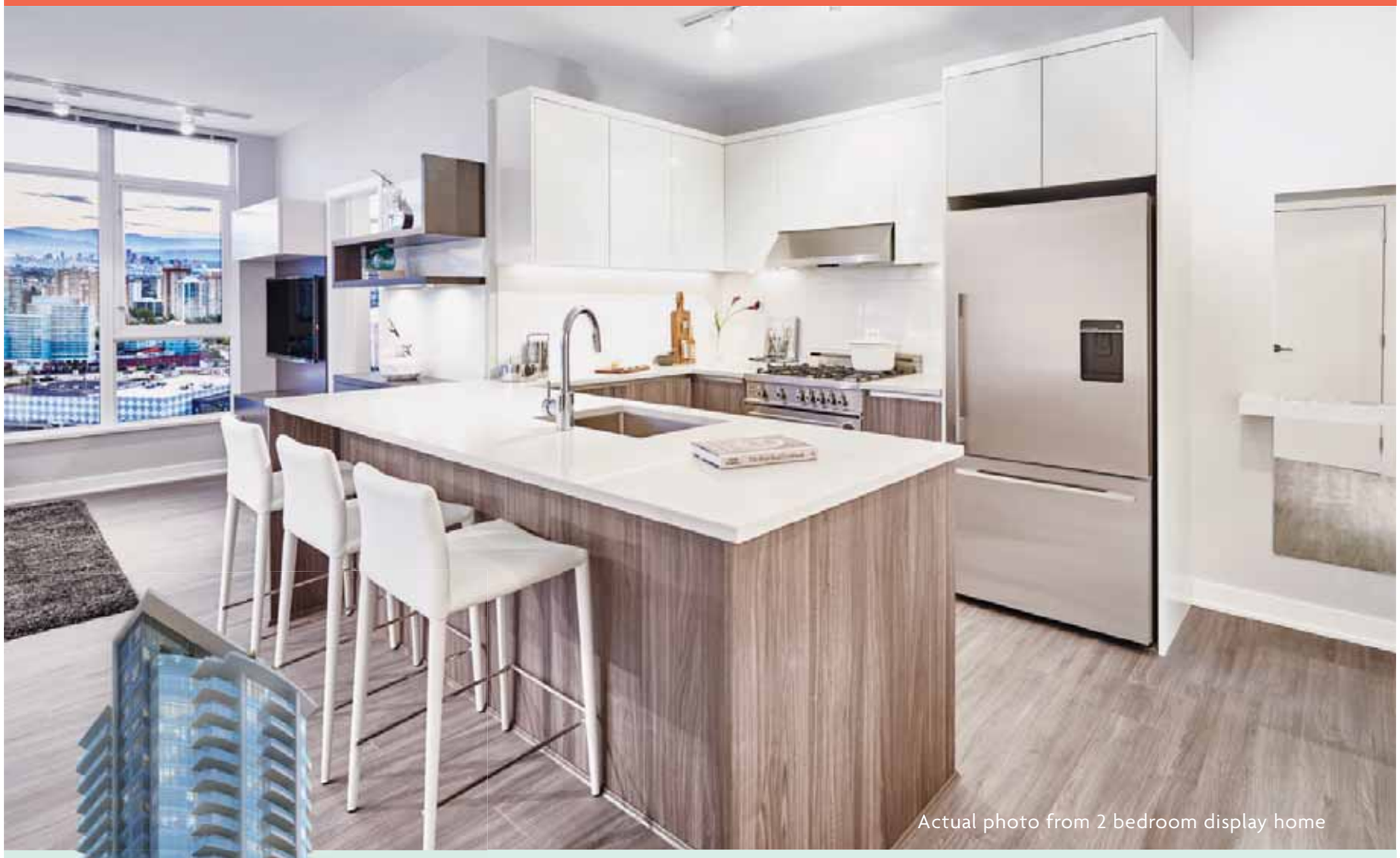
Discover down-to-earth living with big sky, fresh air, and wide open spaces. Maple Heights by StreetSide is an authentic village community nestled amongst playgrounds, ponds and pathways. Everything you will ever need is only minutes away. Here the hardest decision you will have to make, is what flavour of ice cream to enjoy.

Kanaka Way & 240th Street
Maple Ridge, BC | 604.380.1215
MapleHeights.ca

STREETSIDE DEVELOPMENTS A QUALICO Company

* This is not an offering for sale.
Any such offering can only be made with a disclosure statement. E&OE

METROTOWN LOVES THE PARK OVER 100 HOMES SOLD OPENING WEEK!



THE PARK METROTOWN

METROTOWN LUXURY STARTS FROM $299,900!

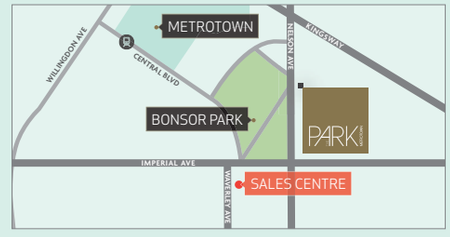
Enjoy the best location in Metrotown; steps from Metropolis at Metrotown's 450 stores, and directly across the street from Bonsor Park. Come home to 5-star hotel-style amenities including:

- 20,000 sq ft Wellness Centre
- European-inspired spa
- Rooftop deck with indoor yoga room

ThePark Metrotown.com
604.936.1888

SALES PAVILION CELEBRATION CONTINUES!

WE'RE EXTENDING THE SAVINGS OF UP TO $15,000 UNTIL THE END OF MARCH



SALES CENTRE AND DISPLAY HOME
4700 IMPERIAL STREET, METROTOWN
Open 12-5pm (Closed Fridays)

intergulf DEVELOPMENT GROUP

UDI WINNER 2014 AWARDS FOR EXCELLENCE IN URBAN DEVELOPMENT

MARKETING BY magnum project ltd

Price and availability subject to change without notice. The Developer reserves the right to modify the building design, floorplans, prices, features and specifications without notice. This is not an offering for sale. Any such offering can only be made by way of disclosure statement. E. & O.E.

Organize your home the 'KonMari' way

Spring cleaning. Marie Kondo's best tips from The Life-Changing Magic of Tidying Up

Marie Kondo is like the Beyoncé of Japan — a larger-than-life superstar. But unlike Beyoncé, Kondo is a professional organizer and tidier. Her book The Life-Changing Magic of Tidying Up: The Japanese Art of Decluttering and Organizing is making waves among Americans who want to learn how to live a neater and more zen lifestyle.

We read the book, and can vouch for its life-changing impact. Here are the lessons we learned from Kondo through her technique, which she calls the "KonMari Method."

Get rid of unnecessary possessions

The KonMari method is to ask yourself if it "sparks joy." How can you tell? Don't think about whether or not you "might need it later" or if someone gave it to you as a gift — pick it up, touch it and decide if you feel a visceral joy for this item.

If not, thank the item for serving its purpose to you (whether or not you actually used it or if it just gave you momentary joy when you purchased it) and toss it. Kondo is adamant that you must throw things away before you try to reorder your home.

Take a new approach to decluttering based on advice from Japan's professional organizing superstar Marie Kondo. ISTOCK

Do big purges

Don't chip away at your mess. Kondo says if you don't want to relapse into your slobbish ways, do your big discards at once. Why? Kondo says when you tidy completely, "you transform the scenery" and the tidiness will inspire you to keep it neat.

Tidy in order

Tidying isn't emotionally easy, so Kondo recommends tidying in the following order: clothes, books, papers, random items and lastly, mementos. Kondo says we're not as attached to our clothes as we are to mementos, so this is the easiest order for us to tidy to build up resistance to being overly sentimental.

Put everything on the floor

Kondo says it's easier to assess an item if you take it out of hibernation. You'll be able to see them better, and it will be easier for you to pick up each item and touch it to see if it sparks joy.

Store everything vertically if possible

Kondo likes to store everything upright. She says stacking wears out the bottom items and that it's easier to see what you have when it's stored upright instead of at the bottom of a pile.

Also, stacking is more difficult when items are stored vertically, which means you are less likely to take on unnecessary clutter. Kondo folds up her clothes so they stand on edge and even stores her carrots vertically in the refrigerator.

Use shoeboxes

Kondo is against buying pricey storage containers, especially if they're not square or rectangular.

She suggests shoeboxes because they are durable and the perfect size for storing small items. She even likes using the lids to store spices inside cabinets.

Kondo's timing couldn't be better — spring cleaning is just around the corner. Get ready for a "joy" ride!

METRO U.S.

Metro Vancouver is finding itself a home in New Westminster. This walkable heritage neighbourhood is the focus of new urban energy. Located on the waterfront of this neighbourhood and steps from SkyTrain, RiverSky offers clean contemporary homes in the sky, featuring spacious, light-filled interiors with European-made kitchens and Bosa's legendary quality.

1 BEDS FROM $256,900 - LIMITED TIME BONUS $2,500 OFF
2 BEDS FROM $345,900 - LIMITED TIME BONUS $5,000 OFF
3 BEDS FROM $466,900 - LIMITED TIME BONUS $7,500 OFF

BOSA PROPERTIES | RIVERSKY

bosaproperties.com 604.522.2583

SALES CENTRE
OPEN DAILY 12PM – 5PM
659 COLUMBIA STREET
NEW WESTMINSTER

RiverSky is developed by Bosa Properties (RiverSky) Inc. Renderings, sketches, layouts and finishes are representational only. Prices subject to change without notice. E. & O.E.

Court

Murder victim's family upset over Hernandez kiss

The family of the man former New England Patriots player Aaron Hernandez is accused of killing has confronted a security officer after Hernandez's mother was allowed to kiss her son's hand in the courtroom.

The kiss happened Tuesday when the judge and jury were out of the courtroom. Hernandez is accused of the 2013 killing of Odin Lloyd.

After a morning break, Hernandez's mother leaned toward her son sitting at the defence table and asked a court officer if she could touch him.

He said yes, and she grabbed his hand, then kissed it. Hernandez smiled, then rubbed his eyes as his aunt and uncle cried. He then thanked the officer.

Outside the courtroom Wednesday, Lloyd's family told the officer they no longer have a son to kiss.

THE ASSOCIATED PRESS

Soccer

Impact kick off CONCACAF semi with 2-0 win

Ignacio Piatti and Victor Cabrera scored in the first half and the Montreal Impact posted a 2-0 victory over Alajuelense in the first leg of their CONCACAF Champions League semifinal on Wednesday night.

The Impact will take a two-goal lead into the second leg of the two games, aggregate goals series on April 7 in Alajuela, Costa Rica. THE CANADIAN PRESS

Sautner strives for consistency on D

Canucks prospects report. GM Benning believes new signing can develop into a strong 2-way blue-liner

CAM TUCKER
cam.tucker@metronews.ca

Ashton Sautner was passed over in the NHL draft, but it doesn't seem to matter now that the 20-year-old Edmonton Oil Kings defenceman has signed with the Vancouver Canucks.

"It's obviously tough," Sautner said Wednesday.

"When you're 20 years old, that's when you get to choose (where) you want to go to and that's what happened and happy to be a part of Vancouver now."

Sautner was the 92nd-ranked North American skater, according to NHL Central Scouting, heading into the 2012 draft.

In his first two seasons with the Oil Kings, Sautner said he was used more as a bottom-pairing defenceman.

He recorded 12 points in each of those first two seasons, before being paired with Griffin Reinhart during his 19-year-old year.

Both Sautner and Canucks general manager Jim Benning said Reinhart and Sautner were used primarily against the opposition's best players.

Sautner was also able to put up what was, at the time, a career-best eight goals and 42 points on an Oil Kings team that won the 2014 Memorial Cup.

The last few days have proven eventful for the Canucks management, as it looks to bolster its young blue-line talent.

They signed Sautner, then Ben Hutton — Vancouver's fifth-round pick in the 2012 draft — out of the University of Maine.

In his first season as Canucks general manager, Jim Benning has already seen the importance of stocking an organization with defensive depth, especially in the Western Conference.

"If you're a Western team, you need depth on defence," said Benning in a phone interview.

In Sautner, Benning sees a prospect he believes can be a good two-way defenceman with good hockey sense.

Benning said the Canucks management and scouting staff discussed Sautner during their amateur meetings, but it didn't quite work out on draft day.

By signing him, it didn't cost the Canucks a draft pick or another asset, said Benning.

Sautner has improved on his goal and point totals from last season, scoring 12 times and adding 48 points through 70 games.

He did admit to having some "ups and downs" this season.

"I'm just trying to be more consistent every game."

The Canucks signed Ashton Sautner, left, over the weekend. The defenceman was a member of the 2014 Memorial Cup-winning Edmonton Oil Kings. DEREK LEUNG/GETTY IMAGES

Canucks host Blue Jackets

The Vancouver Canucks host the Columbus Blue Jackets at Rogers Arena on Thursday.

- The game concludes Vancouver's five-game homestand in which they have won three of four. The only blemish came against the Los Angeles Kings.

Manneh believes better composure will lead to goals

Through two games this season, Kekuta Manneh, right, has racked up seven shots. GETTY IMAGES FILE

Kekuta Manneh and his coach, Carl Robinson, are on the same page.

OK, the actual terminology might differ slightly, but they make the same point when it comes to finding a way for the speedy and skilled 20-year-old Manneh to turn his opportunities into goals.

Through two games this year, the Vancouver Whitecaps forward, in his third Major League Soccer season, has seven shots — only striker Octavio Rivero has more (10) — including three on goal, and so far nothing to show for.

"Just have a little more calmness in front of goal," said Robinson after training at Thunderbird Stadium at UBC.

"Just think I need a little bit more composure in front of goal," said Manneh, about 15 minutes later, outside the Whitecaps UBC facility a short distance away.

It's as if they discussed the matter beforehand.

In a 1-0 win over the Chicago Fire this past weekend, Manneh had four shots, including a clear attempt from inside the box that was drilled right at the hands of Jon Busch.

The Whitecaps travel to Florida to face the expansion Orlando City SC on Saturday.

Perhaps it is where Manneh will add his name to the scoresheet. He's encouraged by the fact he's getting shots.

It would be a different story if he wasn't getting those opportunities for himself.

"That's the positive thing about it," said Manneh.

CAM TUCKER/METRO

Follow Cam Tucker on Twitter @camtucker_metro

4 SPORTS

DESTINATION HYUNDAI VANCOUVER

HYUNDAI®

DEALER INVOICE PRICING

NOW WITH 0% FINANCING† FOR UP TO 84 MONTHS

ON SELECT MODELS

YOU PAY THE INVOICE PRICE!‡

On select models[01]. Dealer is reimbursed a holdback amount included in invoice price by the manufacturer for each vehicle sold*.

2015 ACCENT 5DR L MANUAL

GLS model shown ♦

LEASE FOR ONLY $6/DAY (plus tax)

$0 DOWN 60 MOS. | AT 0% ON APPROVED CREDIT

FIRST PAYMENT DUE AT DELIVERY.

2015 ELANTRA GL SEDAN AUTOMATIC

L Limited model shown ♦

LEASE FOR ONLY $9/DAY (plus tax)

$0 DOWN 48 MOS. | AT 0.99% ON APPROVED CREDIT

FIRST PAYMENT DUE AT DELIVERY.

PLENTY OF STOCK FOR BOTH VEHICLES AT DESTINATION HYUNDAI!

SPRING CLEARANCE SALE

New, Certified Pre-Owned & Demo Cars - More selection on site!

STOCK #	YEAR	MAKE	MODEL	COLOUR	PRICE	SALE PRICE	TYPE
G15185	2015	Hyundai	Genesis 3.8 Luxury	Silver	$50,323	**$47,587**	New
SO15375	2015	Hyundai	Sonata GL	Gray	$26,022	**$24,767**	New
E15053	2015	Hyundai	Elantra GL Sedan	Gray	$21,369	**$20,325**	New
SF15189	2015	Hyundai	Santa Fe 2.4 Premium AWD	Gray	$33,119	**$31,235**	New
SF15088	2015	Hyundai	Santa Fe 2.0T Limited	White	$41,969	**$37,037**	Demo
SO15030	2015	Hyundai	Sonata Hybrid Ltd Tech	Gray	$36,522	**$31,524**	Demo
SO15050	2015	Hyundai	Sonata 2.0T Ultimate	Silver	$36,822	**$32,100**	Demo
HY10941	2015	Hyundai	Genesis 3.8 Luxury	Black	$40,995	**$38,888**	Certified Pre-owned
HY10942	2015	Hyundai	Genesis 3.8 Luxury	White	$40,995	**$38,888**	Certified Pre-owned
HY10937	2015	Hyundai	Sonata GL	Silver	$23,995	**$20,888**	Certified Pre-owned
HY10940	2015	Hyundai	Sonata GL	Blue	$23,995	**$20,888**	Certified Pre-owned
HY10934	2014	Hyundai	Elantra GL Sedan	White	$17,995	**$16,888**	Certified Pre-owned
HY10935	2014	Hyundai	Elantra GL Sedan	Gray	$17,995	**$16,888**	Certified Pre-owned
HY10921	2014	Hyundai	Santa Fe 2.4 Premium AWD	Silver	$27,995	**$25,798**	Certified Pre-owned

Destination VANCOUVER HYUNDAI

445 Kingsway, Vancouver
Call 604.292.8188
DestinationHyundai.com

DestinationHyundaiVancouver @destinationhyun

*Some restrictions apply. On approved credit. R/TMThe Hyundai names, logos, product names, feature names, images and slogans are trademarks owned by Hyundai Auto Canada Corp. Offers available for a limited time and subject to change or cancellation without notice. Dealer# 31042.

Miller looking too shaky for playoffs

THE HOCKEY NEWS
Matt Larkin
vancouver@metronews.ca

We haven't yet reached the point where it's a jinx to talk about the Vancouver Canucks and the 2015 playoffs in the same sentence — their 84 points give them a bigger cushion than meets the eye. Wild-card teams Minnesota and Winnipeg, at 85 and 82 points, aren't yet a threat to Vancouver, since they play in the Central Division and can't knock the Canucks out of the third spot in the Pacific. Only the Calgary Flames can ruin the playoff party, and they sit four points back. Vancouver has a game in hand, too.

So it's fair to start thinking about the post-season, and that includes thinking about Vancouver's goaltending. Ryan Miller's knee sprain will sideline him at least another couple of weeks, but he's still roughly on track for the post-season. That puts coach Willie Desjardins in a tough spot.

Sure, the No. 1 job to open the post-season is very much Miller's to lose. The Canucks don't pay him $6 million annually to be a backup. But the goalie situation is starting to look awfully complicated. First, there's the rust factor. Knees are tricky, so we don't even know Miller will return in time to play regular-season games before the post-season. If he does, he'll be eased back into duty. Whatever happens, it's unlikely Miller will start the playoffs in peak rhythm.

Ryan Miller shouldn't be assured that he'll be the starter again when he's healthy. GETTY IMAGES

Secondly, there's Eddie Lack. He hasn't just been adequate subbing for Miller since the injury. Lack has been flat-out superior since taking over the crease partway through a Feb. 22 win over Boston. Lack is 6-2-1 in 10 starts (with one no-decision) since then. He's allowed two goals or fewer in six of his past seven starts. He's posted a save percentage of .943 or better eight times in 11 total appearances. He's beaten the Ducks, Blues and Bruins.

January was Miller's best month, yielding a 1.80 goals-against average, .937 save percentage and two shutouts. February, though, was his worst, with a 3.23 GAA and .894 SP. He was playing his weakest hockey of the year right before he got hurt. Worse yet, Miller struggled in net for the St. Louis Blues in last year's playoffs.

I don't envy Desjardins. He probably has to go back to Miller, as some unwritten NHL rule states the highest-paid goalie gets first dibs on starts when healthy. If Miller doesn't return early enough for significant regular-season game action, though, things could get ugly on the blue paint.

Stats

.921

Ryan Miller's save percentage in 5-on-5 close situations, better than Eddie Lack's .918, even though Lack's full-season numbers are superior.

NHL

Backup Chicago goalie shuts out the Rangers

Brad Richards broke a scoreless deadlock 7:19 into the third period, and the Chicago Blackhawks cooled off goalie Cam Talbot and the surging New York Rangers 1-0 on Wednesday night.

Right after Rangers defenceman Dan Boyle rang a shot off the crossbar behind Blackhawks backup goalie Scott Darling, Richards got the puck in front of the New York net, waited patiently and snapped a shot past Talbot for his 11th goal.

Darling played for just the third time since Dec. 13. He made 25 saves to improve to 7-3 and earn his first NHL shutout in 10 career games.

THE ASSOCIATED PRESS

NBA. Wiggins' T-Wolves whiff in Toronto debut

The Toronto Raptors spoiled the Andrew Wiggins homecoming Wednesday night and continued their recent mastery of the Minnesota Timberwolves in the process.

It was the first pro game in Toronto for Wiggins, the 20-year-old forward from nearby Vaughan, Ont.

He showed flashes of his sky-high potential but was hampered by early foul trouble. The first overall pick in last year's NBA draft had 15 points on 6-for-9 shooting with three rebounds on the night.

The injury-depleted Timberwolves turned in a strong effort against the Atlantic Division leaders, but with their 105-100 win, the Raptors beat the Timberwolves for the seventh straight time and 11th in a row at home.

THE CANADIAN PRESS

Canadian Andrew Wiggins drives past the Raptors' DeMar DeRozan on Wednesday night in Toronto.
NATHAN DENETTE/THE CANADIAN PRESS

AUGMENTED REALITY

Stuck on 12 Across? Scan this image with your Metro News app for today's crossword and Sudoku answers. It's OK. No one's watching.

Horoscopes by Sally Brompton

♈ Aries
March 21 - April 20
Someone will play on your emotions over the next 24 hours, maybe for fun or maybe because they think they can get something out of it. Ruin their plans by refusing to get uptight.

♉ Taurus
April 21 - May 21
Friends and family are on your mind but they are unlikely to mix, so focus on one and catch up on the other later on.

♊ Gemini
May 22 - June 21
Watch what you say because if you let slip something that people in positions of authority find offensive it could damage your reputation.

♋ Cancer
June 22 - July 23
There is no need to go to extremes, even though certain individuals may be urging you to do so. Especially where business is concerned, avoid excessive behaviour.

♌ Leo
July 24 - Aug. 23
You like to shock and the planets suggest you will do something outrageous over the next 24 hours. If it's a joke you will need to make sure that everyone can see it's a joke.

♍ Virgo
Aug. 24 - Sept. 23
An upheaval is likely over the next few days and there is precious little you can do about it. Actually, if you keep your emotions in check you could gain from someone else's loss.

♎ Libra
Sept. 24 - Oct. 23
Work and health matters will be uppermost in your mind today and tomorrow, which is good because you have been overdoing it of late.

♏ Scorpio
Oct. 24 - Nov. 22
Use the approaching solar eclipse to get a creative project off to a start. If you pour energy and into it now you will build up the kind of momentum that carries you through to the end.

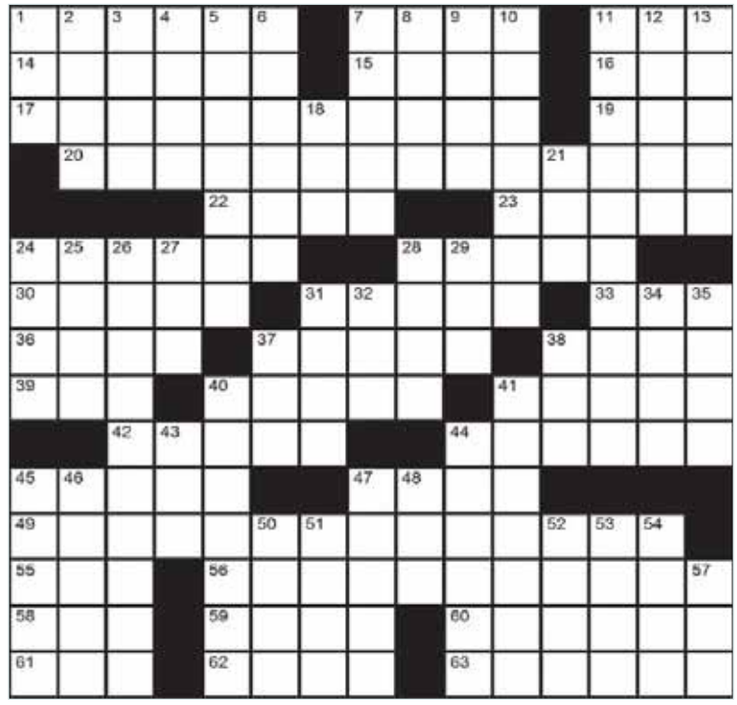
♐ Sagittarius
Nov. 23 - Dec. 21
Challenges are opportunities in disguise, which means you will have at least one and maybe several opportunities to shine over the next few days.

♑ Capricorn
Dec. 22 - Jan. 20
You can sense something good is going to happen but there is no need to hurry it along. Venus, planet of harmony, in your fellow Earth sign of Taurus means the right opportunity will arrive at just the right time.

♒ Aquarius
Jan. 21 - Feb. 19
You may be disappointed that something of value is moving out of your life, but don't be. The planets suggest something even better will soon be along.

♓ Pisces
Feb. 20 - March 20
Tomorrow's eclipse in your sign means it is the time to go for glory. No matter how many times you failed you will succeed now. Be positive.

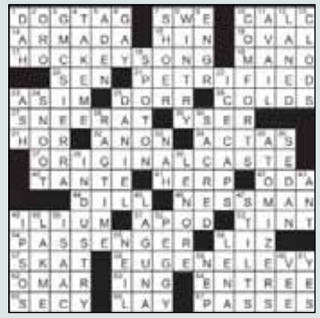
Crossword: Canada Across and Down by Kelly Ann Buchanan



Across
1. Creme de __ (Black currant liqueur)
7. Centres, curtly
11. USN rank
14. Woolly camel-like animal
15. Ms. Brickell of song
16. Roadside mil. hazard
17. Meaning of 'Klee Wyck', Emily Carr's nickname: 2 wds.
19. Fight ender, commonly
20. Carly Rae Jepsen's latest song: 4 wds.
22. Ship's deck officer, commonly
23. "__ Gantry" (1960)
24. Beaver: French
28. Winter coat
30. Governed
31. Shocks
33. American '66', e.g.
36. Ancient war god
37. John's "Grease" (1978) role
38. Tattooing turf
39. "The DUFF" (2015) actress Ms. Whitman
40. Ms. Spacek
41. Concede/grant
42. Into-hockey-nets projectiles
44. Country legend Ms. West
45. Embarrassing public disturbance
47. Store
49. AHL team: 2 wds.
55. Folklore creature
56. Quebec town on the Ottawa River
58. New Zealand parrot
59. 'Fed' suffix
60. More breezy
61. Be imperfect
62. Feed on food
63. Sound system sort

Down
1. Pres. Coolidge
2. Jai's court partner
3. Cowboy boot attachment
4. Having wisdom
5. "Sleepy Hollow" on Global TV fellow Mr. Crane
6. Maritime crew person
7. FOX News anchor Ms. Kelly
8. Graven image
9. Original host of "Cityline" Ms. Petty
10. Questers
11. NB: Saint John __ (Shopping attraction)
12. Orange __ (Tea)
13. Glade target
18. Belonging to Gander's li'l province, variantly
21. Banff sighting
24. Study hard
25. Lady Gaga song
26. Type of VIA Rail passenger accommodation: 2 wds.
27. Mr. Lawrence, et al.
28. Small
29. "__ takers?"
31. Ms. Jordan
32. Heavy wts.
34. Bryan Adams' "18 __ _ Die"
35. The Neverending Story author Michael
37. Cartoonist Mr. Browne
38. Meet
40. __ candles
41. Yogurt brand
43. One, in Madrid
44. A bride in "Seven Brides for Seven Brothers" (1954)
45. Tend the fire
46. Kitchen gadget
47. Snapshot pose
48. Possesses
50. Ms. Hatcher
51. Where Muscat is the capital
52. 2002 Literature Nobelist Mr. Kertesz
53. The Queen's cypher: letter + Roman Numeral + letter
54. Snick-or-__
57. Miracle-__ (Plant food brand)

Yesterday's Crossword



Online

See today's answers at metronews.ca/answers

Conceptis Sudoku by Dave Green

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku

1	8	2	6	7	3	4	9	5
9	7	5	2	1	4	8	3	6
3	6	4	5	8	9	7	2	1
6	9	1	8	3	2	5	4	7
4	5	8	7	9	6	2	1	3
2	3	7	4	5	1	9	6	8
7	4	9	3	6	5	1	8	2
5	2	3	1	4	8	6	7	9
8	1	6	9	2	7	3	5	4

5				9				2
	6		1	8	3		7	
		8		6		1		
	5	7				9	3	
		2		4		5		
	1		6	2	9		4	
8				5				3

©2015 Conceptis Puzzles, Dist. by King Features Syndicate, Inc.

Your opinion is news to us.

Join the Metro News Online Reader Panel and provide feedback on recent stories, ads, new features and more.
• Answer short, online surveys • Tell us how we're doing • Every completed survey gives you a chance to win a $25 gift card

Sign up at www.Metronews.ca/panel

metro

HAPPINESS IS UNLOCKING YOUR HONDA

UNLOCK A DEAL

Model shown: Civic Touring FB2F7FKNX

2015 CIVIC DX

LEASE FOR $42*

0.99% APR# $0 down‡

Weekly on a 60 month term with 260 payments.
MSRP $17,245** includes freight and PDI.

Features available on select models:

- Honda Lanewatch Blind Spot Display™
- Multi-angle rearview camera
- 7" Display Audio System with HondaLink™ Next Generation

2015 ACCORD LX

LEASE FOR $65* @ 1.99% APR# $0 down‡

Weekly on a 60 month term with 260 payments.
MSRP **$25,745**** includes freight and PDI. Model shown: CR2E3FE

Features available on select models include:

- LaneWatch™ blind spot display
- Lane Departure Warning and Forward Collision Warning
- Rearview camera (standard)

2015 FIT DX

LEASE FOR $40* @ 2.99% APR# $0 down‡

Weekly on a 60 month term with 260 payments.
MSRP **$16,070**** includes freight and PDI. Model shown: GK5G3FE

Standard features include:

- Earth Dreams™ technology powertrain
- Multi-angle rearview camera
- 60/40 Split 2nd Row Magic Seat®

HONDA

bchonda.com

*Limited time weekly lease offer and all other offers are from Honda Canada Finance Inc., on approved credit. #The weekly lease offer applies to a new 2015 Accord LX model CR2E3F3/Civic DX model FB2E2FEX/Fit DX model GK5G3FE ("Specified Models") for a 60-month period, for a total of 260 payments of $64.90/$41.91/$39.97 leased at 1.99%/0.99%/2.99% APR based on applying $450.00/$350.00/$1,175.00 "lease dollars" (which are deducted from the negotiated selling price before taxes). ‡In order to achieve $0 down payment, dealer will cover the cost of tire/battery tax, air conditioning tax (where applicable), environmental fees and levies on the 2015 Accord LX, Civic DX and Fit DX only on customer's behalf. Down payment of $0.00, first weekly payment and $0 security deposit due at lease inception. Total lease obligation is $16,874.00/$10,896.60/$10,392.20. Taxes, license, insurance and registration are extra. 120,000 kilometre allowance; charge of $0.12/km for excess kilometres. **MSRP is $25,745/$17,245/$16,070 including freight and PDI of $1,695/$1,495/$1,495 based on new 2015 Specified Models described above. License, insurance, registration and taxes are extra and may be required at the time of purchase. */#/**Prices and/or payments shown do not include a PPSA lien registration fee of $30.31 and lien registering agent's fee of $5.25, which are both due at time of delivery and covered by the dealer on behalf of the customer on Specified Models only. Offers valid from March 3rd through 31st 2015 at participating Honda retailers. Dealer may sell/lease for less. Dealer trade may be necessary on certain vehicles. Offers valid only for British Columbia residents at BC Honda Dealers locations. Offers subject to change or cancellation without notice. Terms and conditions apply. Visit www.bchonda.com or see your Honda retailer for full details.